

1 **Effect of polluted water on soil and plant contamination by heavy metals in El- Mahla El-**

2 **Kobra, Egypt**

3 **Esawy Mahmoud¹ and Adel Mohamed Ghoneim^{2,3}**

4
5 ¹Soil and Water Sciences Department, Faculty of Agriculture at Tanta, Tanta University, Egypt.

6 ²Soil Science Department, College of Food and Agricultural Sciences, King Saud University, P.
7 O. Box 2460, Riyadh 11451, Saudi Arabia.

8 ³Agricultural Research Center, Field Crops Research Institute, Rice Research and Training
9 Center, Sakha, 33717, Kafr El-Sheikh, Egypt

10 Correspondance to: E. Mahmoud, E-mail: esawy.rezk@agr.tanta.edu.eg

11
12 **Abstract**

13 The discharge of untreated wastewater in drain Zefta and drain No.5 is becoming a
14 problem for many farmers in El- Mahla El-Kobraarea, Egypt. The discharging water contains
15 high levels of contaminants considered hazardous to the ecosystem. Some plants, soil, water, and
16 sediment samples were collected from El- Mahla El-Kobra area to evaluate the contamination by
17 heavy metals. The results showed that the heavy metals, pH, sodium adsorption ratio (SAR),
18 biochemical oxygen demand (BOD) and chemical oxygen demand (COD) in the water of drain
19 Zefta and drain No.5 exceeded permissible limits for irrigation. In rice and maize shoots grown in
20 soils irrigated by contaminated water from Zefta drain and drain No.5, the bioaccumulation
21 factors for Cd, Pb, Zn, Cu and Mn were higher than 1.0. The heavy metals content of irrigated
22 soils from Zefta drain and drain No.5 exceeded the upper limit of background heavy metals. In
23 this study, the mean contaminant factor values of the drain No.5 sediments revealed that Zn, Mn,
24 Cu, Cd, Pb and Ni > 6, indicating very high contamination. The high bioaccumulation
25 coefficients of *Cynodon dactylon*, *Phragmites australis* and *Typha domingensis* aquatic plants
26 growing in Zefta drain. These species can be considered as hyperaccumulators for,
27 decontamination of contaminated water.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24

Keywords: wastewater; bioaccumulation; contaminant factor; pollution; heavy metals, hyper accumulators; irrigation

Introduction

Contamination of soils by heavy metals such as Cd, Ni, Zn, Pb and Cu, has increased dramatically during the last few decades (Chibuiké and Obiora 2014) due to mining, smelting, manufacturing, use of agricultural fertilizers, pesticides, municipal wastes, traffic emissions, and industrial effluent (Ha et al., 2009; Cherif et al., 2012; Morgan, 2013; Chibuiké and Obiora 2014). Contamination of soils by heavy metals is now widespread (Al-Nagger et al., 2013). Dispersion of heavy metals in irrigated soils and plants growing result in contamination of food that may be hazardous to humans and animals (Mapanda et al., 2007; Jolly, Islam, and Akbar 2013). Heavy metals in effluents are poorly soluble in water, and cannot be degraded, these tend to accumulate in soils and remain available with subsequent accumulated in plants (Alam et al., 2003; Allsopp, Kenneth, and Christine 2004; Ghoneim et al., 2014). In addition, heavy metals persist in soil which then leaches down into the groundwater and may induce enhanced antioxidant enzymatic activities in plants or become adsorbed with solid soil particles (Iannelli et al., 2002). According to Roy and McDonald (2013) carrots grown in contaminated soils by Cd have the potential to cause toxicological problems in men, women, and young children, at which point, Cd uptake by carrot roots was about five times more than the regulatory limits for men, eight times more for women, and 12 times more for children. High levels of Cd in soil were identified as causing itai-itai disease in Toyama Prefecture, Japan, however, soil solution levels similarly high in Cd do not seem to cause health problems for people living in Shipham, England (Morgan, 2013). For the Cu-contaminated soils planted with tomato (*Solanum*

1 *lycopersicum* L.) assayed, these values would range between 32.9 and 1696.5 mg kg⁻¹, depending
2 on soil properties (Sacristán et al., 2015). Accumulation of toxic heavy metals in plant living
3 cells results in various deficiencies, reduction of cell activities and inhibition of plant
4 growth (Kabir et al., 2008; Farooqi et al., 2009).

5 Transfer of heavy metals from soils to plants is one of the key pathways for exposure of
6 humans via the food chain. In order to assess risks to health associated with metals in soils, it is
7 necessary to predict transfer of heavy metals from soil to tissues of plants for subsequent use in
8 phytoremediation (Tu et al., 2002; Hough et al., 2003; Khan et al., 2008; Zhuang et al., 2009;
9 Roy and McDonald, 2013; Cho et al., 2013; Ye et al., 2014). Heavy metal pollution is persistent,
10 covert and irreversible (Wang et al., 2011). This kind of pollution not only degrades the quality
11 of the food crops, atmosphere, water, but also threatens the health of human and animals (Nabulo
12 et al., 2010; Dong et al., 2011). Excessive intake of the Pb to human body can damage the
13 nervous, skeletal, endocrine, enzymatic, circulatory, and immune system (Zhang et al., 2012).
14 The chronic effects of Cd consist of lung cancer, pulmonary adenocarcinomas, prostatic
15 proliferative lesions, kidney dysfunction, bone fractures and hypertension (Żukowska and Biziuk,
16 2008; Brevik and Sauer, 2015).

17 Soils have been used to detect the deposition, accumulation, and distribution of heavy
18 metals in different locations (Alirzayeva et al., 2006; Onder et al., 2007), but little quantitative
19 information is available on the contamination of agricultural soils in El- Mahla El-Kobra, Egypt
20 by heavy metals. To close this knowledge gap, this study investigated contamination of
21 agricultural soil and plant with heavy metals in resident and industrial area in El- Mahla El-
22 Kobra, Egypt.

23

24

Materials and methods

1 **Site Description, Samples and Analysis**

2 In El- Mahla El-Kobra (Fig. 1) is located at 30°34'N Latitude, 30°45'E Longitude, the
3 dominant sources of heavy metal pollution are wastewater irrigation, manure and sediment
4 applications for metallic ores. El- Mahla El-Kobra area is density populated (4.5 million/462683
5 km²) and contains 183 industrial factories such as textile, food, oil, and other industries. The
6 quantity of industrial and municipal wastewater is around 243500 m³ day⁻¹ (107500 m³ day⁻¹ of
7 municipal sewage and 136000 m³ day⁻¹ of industrial wastewater), which discharge into Zefta
8 drain (flow, 354240 m³ day⁻¹) and drain No.5 (flow, 265248 m³ day⁻¹) without treatment except
9 63627 m³ day⁻¹ of municipal wastewater can be treated in Dawakhlia plant.

10 Seventy represented soil samples (0–30 cm) in summer 2012 were collected from
11 cultivated lands of El- Mahla El-Kobra, Egypt which are irrigated with drainage water from Zefta
12 drain, drain No.5, and fifteen samples which are irrigated from Baher El Mlah canal (fresh
13 water). The soil samples were air-dried and ground to pass through 2 mm screen for chemical
14 analysis. The soils, pH was determined in saturated soil paste extract (Richards, 1954). Calcium
15 and magnesium were determined titrimetrically using versenate (Jackson, 1973). Sodium was
16 determined using flame photometer (Richards, 1954). Total carbonate was determined using the
17 calcimeter as CaCO₃ % according to Loeppert and Suarez (1996). The total heavy metals (Cd, Pb,
18 Zn, Fe, Mn, Cu, and Ni) were measured by the atomic absorption spectrophotometer after
19 digestion the soil samples with concentrated mixtures of HNO₃ and HClO₄ acids (Page, 1982).
20 Samples of rice and maize cultivated crops (age 65 days in summer 2012) that are grown in the
21 studied soils, and other three aquatic plant species (*Cynodon dactylon*, *Phragmites australis* and
22 *Typha domingensis*) which are grown in Zefta drain were also collected at different times. The
23 plant samples were dried in oven at 75° C for 72 hours. The total heavy metals content in plant

1 shoot were measured using the atomic absorption spectrophotometer after digestion the plant
2 samples with concentrated H₂SO₄ and H₂O₂ (Chapman and Pratt, 1961).

3

4 **Transfer of Heavy Metals**

5 Bioconcentration factor (BF) of each metal in plants was calculated by dividing the total
6 content in plant by the total content in soil (Brooks, 1998). In addition, seventeen water samples
7 were collected from Zefta drain and drain No.5 at different times (March 2012 to March 2013) at
8 about 20 cm below water surface and chemically analyzed for pH, EC, sodium adsorption ratio
9 (SAR), biological oxygen demand (BOD), chemical oxygen demand (COD) and heavy metals
10 content (APHA, 2005). The bioaccumulation coefficients of each heavy metal in aquatic plants
11 were calculated by dividing the total heavy metal content in aquatic plants by the concentration in
12 water.

13 Contaminant factor (Cf) for soil is the ratio obtained by dividing the concentration of each heavy
14 metal in the sediment by the background values (Håkanson, 1980).

$$15 \text{ Cf} = C_{\text{Heavy metal}} / C_{\text{Background}}$$

16 According to Håkanson (1980): the values of Cf < 1 indicates low contamination; 1 < Cf < 3
17 is moderate contamination; 3 < Cf < 6 is considerable contamination; and Cf > 6 is very high
18 contamination.

19

20

Results and discussion

21 **Effect of contaminated water on plant and soil contamination**

22 Heavy metals content were higher in rice and maize shoots grown in the soil around Zefta
23 drain than the same crops in soil of drain No.5 (Fig. 2). This was due to the high total heavy

1 metal contents in that soils (Table 1). The maize shoot contains more Fe, Cd, Mn and Pb than rice
2 shoot, and this may be attributed to planting rice under the flooded conditions. Under the flooded
3 conditions, Fe, Cd, Mn and Pb could be precipitate as FeS_2 , CdS , MnS and PbS , respectively due
4 to the reducing conditions. Heavy metals content in rice and maize shoots exceeded the defined
5 limits reported by Kabata-Pendias and Pendias (1992) and above those acceptable for elemental
6 composition of uncontaminated plant tissue. Alloway, (1990) reported that in angiosperms,
7 uncontaminated plant tissue contains 0.64, 2.4, 160 and 14 mg kg^{-1} for Cd, Pb, Zn and Cu,
8 respectively. It is clear from (Fig. 2 and Table 1) the higher concentrations of Cd in rice and
9 maize shoots than other heavy metals compared with the maximum limits according to Kabata-
10 Pendias and Pendias (1992). Li et al., (1994) found that plants absorb readily Cd more than other
11 heavy metals and often reaches levels that are hazardous to human healthy before any stress
12 symptoms appear. Chitdeshwari et al., (2002) reported that used of sewage water increased
13 the uptake of Cd and Cr in *Amaranthus* crop. Phosphate fertilizers as sources for Cd used in
14 fertilization of rice and maize plants in this study area. Phosphate fertilizers were even cases of
15 200 mg Cd kg^{-1} (Nziguheba and Smolders, 2008). The city of El- Mahla El-Kobra is densely
16 populated and is the capital of the local textile industry. Large amounts of industrial and
17 contaminated water are discharged directly without treatment into irrigation canals which often
18 contain heavy metals that contributed to metals enrichment in soil (Fakayode and Onianwa
19 2002). In addition, rice and wheat ash fertilization is carried out in El- Mahla El-Kobra on a large
20 scale (Abou-Sekkina et al., 2010). Application of ash to agricultural soils contributes
21 significantly to the greater concentration of Cd in agricultural soil from El- Mahla El-Kobra. The
22 higher concentration of Zn observed might be due to abrasion of tires, barks, and Zn-containing
23 compounds, which are used in some manufactured goods, such as paints, cosmetics, automobile
24 tires, and batteries (Imperato et al., 2003).

1 The range of pH, EC and heavy metal contents in soil samples which irrigated by water
2 from Zefta drain, drain No.5 and Baher EL Mlah as compared with limit of background (Table
3 3). The soils irrigated by contaminant water from Zefta drain and drain No.5 induces increase of
4 soil pH with comparison to soils irrigated from Baher EL Mlah (fresh water). Similar results were
5 noticed by (Gupta et al., 2010; Saffari and Saffari 2013) they reported that after irrigation with
6 sewage water, pH increased significantly. The reason for increasing soil pH may be attributed to
7 high pH values in Zefta drain and drain No.5 (Table 3). The soils irrigated by contaminated water
8 from Zefta drain and drain No.5 affect the TDS (Table 3). Indeed, in comparison to soils which
9 irrigated from Baher EL Mlah, TDS value is greater compared with Zefta drain and drain No.5.
10 These results were in agreement with (Kiziloglu et al., 2008; Rana et al., 2010; Mollahoseini,
11 2013; Khaskhoussy et al., 2013) they reported that irrigating with sewage water, increased soil
12 salinity, exchangeable Na, K, Ca, Mg and available P. In general, the concentrations of heavy
13 metals in soils irrigated from Zefta drain and drain No.5 was exceeded the upper limit of
14 background of total heavy metals (Chen et al., 1992). Contents of Mn, Cd and Ni in soils at Zefta
15 drain were higher than these in soils at drain No.5 which is due to high concentration of heavy
16 metals in Zefta drain water (Table 3). The level of heavy metals of soils irrigated from Zefta
17 drain and drain No.5 were higher than those of the around soils of Baher EL Mlah canal. Similar
18 results were reported by Chen et al., (1992) who found that high levels of heavy metals in soils,
19 which are irrigated from polluted industrial wastewater. These results coincided with El-Gendi et
20 al., (1997) who indicated that irrigating sandy soil in the Abou- Rawash area with drainage water
21 increased total Cu, Zn and Fe, which reached 125, 170 and 5 times that of the virgin soil in the
22 same area. Both Cd and Pb levels in soils measured during this study were higher than those
23 reported by (Nassef et al., 2006; Suciú et al., 2008). These differences might be related to
24 different anthropogenic activities and concentrations of urbanization at each site.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18

Bioconcentration factors (BF)

The BF values in the rice and maize shoots are presented in (Table 2). In rice and maize grown in soils irrigated by water from Zefta drain and drain No.5, the BF value for Cd, Pb, Zn, Cu and Mn were higher than 1.0. This indicates that concentrations of Cd, Pb, Cu and Mn were high bioconcentration in studied plants. Fe was an exception because, its BF value was lower than one, indicating low accumulation in studied plants. The BF value for Zn and Cu of rice shoots were higher than maize shoots grown in the same soils irrigated by water from Zefta drain and drain No.5. These concentrations were attributed to using $ZnSO_4$ as Zn fertilizer in rice cultivation. Zhao et al., (2010) reported that BF values tend to decrease with increasing soil heavy metal concentration, and values lower than 0.20 are considered normal when plants are grown on polluted soils (McGrath and Zhao, 2003). The differences in the obtained BF values are depending on the heavy metals and the plant species. The higher BF value for Cd indicated that Cd accumulated in rice and maize shoots. These differences might be related to heavy metal-binding capacity to roots (Singh and Agrawal, 2007; Toth et al., 2009), available metals, interactions between of physico-chemical parameters and the plant species grown in that soils (Bose and Bhattacharyya, 2008).

Quality of drainage water

Concentrations of BOD and COD ranged from 442 and 978 $mg L^{-1}$ to 632 and 2445 $mg L^{-1}$ in Zefta drain, while the BOD and COD value ranged from 540 and 882 $mg L^{-1}$ to 723 and 2301 $mg L^{-1}$ in drain No.5, respectively (Table 3). This water would be classified as high strength (Metcalf and Eddy, 2003). These results were in agreement with (Pescond, 1992) who reported

1 that chemical properties of water include total dissolved solids (TDS), BOD and COD showed
2 higher values in untreated sewage water compared to groundwater. The BOD/COD ratio in Zefta
3 drain and drain No.5 ranged from 0.25 and 0.31 to 0.45 and 0.61, respectively. The wastewater
4 with a BOD/COD ratio below 0.50 contains some toxic components such as dyes and heavy
5 metals (Linsley et al., 1992).

6 The average of TDS was 1016 mg L⁻¹ in drain No.5, 1130 mg L⁻¹ in Zefta drain and 334
7 mg L⁻¹ in Baher El Mlah canal. The SAR in water of drain Zefta and drain No.5 were above 12,
8 which it considered potential for aggregate slaking, soil swelling, and clay dispersion, and thus
9 reduction in hydraulic conductivity (Mace and Amrhein, 2001). The heavy metals in the two
10 drains were higher than in water of Baher El Mlah canal which could be attributed to discharge of
11 industrial wastewater into the two drains without treatment. The level of heavy metals exceeded
12 the criteria limits for irrigation water (FAO, 2010; E.C.S, 48/1992). Similar results were reported
13 by Matloub and Mehana (1998) showed that sewage has often high values of temperature, pH,
14 hardness, alkalinity, COD, TDS, NO₃⁻, NO₂⁻, Na, K, Ca and Mg (Chitdeshwari et al., 2002)
15 reported that increased levels of sewage water increased the uptake of Cd and Cr in
16 *Amaranthus* crop.

17

18 **Heavy metal concentrations in sediments**

19 The high heavy metal concentrations in sediments of drain No.5 (Table 4) would be
20 attributed to higher pH in water which can form ions of insoluble precipitates. Heavy metals may
21 be also bound to humic substance in sediments and settling in the drain (Lasheen et al., 1981).
22 The measured concentrations of heavy metals are higher than US EPA toxicity value (US EPA,
23 1999). Similar finding were reported by Thuy et al., (2007) they found that heavy metals in

1 sediments of five canals received untreated industrial wastewater were exceeded the US EPA
2 toxicity level. The partitioning of heavy metals between sediment and water can be expressed as
3 distribution coefficients (Kd) value ($L\ kg^{-1}$). Kd values of sediment samples were the highest for
4 Zn, Cd, and Mn, and lowest for Pb, Cu and Ni. The higher Kd value indicates that the sorption of
5 heavy metals by sediments was strong (Salomons and Forstner, 1980). Kd is found to be sensitive
6 to low pH and redox conditions (Stephenson et al., 1995). Heavy metals may be released from
7 settling sediments under hypoxic or acidic conditions (Stephenson et al., 1995). Sediments are
8 both carriers and potential sources of contaminants in aquatic system and these materials also
9 affect groundwater quality and agricultural products when disposed on land. In this study, the
10 mean Cf values of the drain No.5 sediments revealed that Zn, Mn, Cu, Cd, Pb and Ni > 6,
11 indicating very high contamination due to the direct discharge of wastewater from the resident
12 and industrial area.

13

14 **Bioaccumulation coefficients of aquatic plants**

15 The bioaccumulation of heavy metals in plants of *Cynodon*, *dactylon*, *Phragmites*
16 *australis* and *Typha domingensis* grown in Zefta drain are shown in (Fig. 3). The
17 bioaccumulation coefficients of metals in *Cynodon dactylon* were higher than in *Phragmites*
18 *australis* and *Typha domingensis*. These plant species can be considered as hyperaccumulators,
19 and used for decontamination of contaminated water. The use of plants for decontamination of
20 polluted waters had been described as rhizofiltration (Brooks, 1998). The three species would be
21 useful for phytoremediation of contaminated water in a particular area. Bonanno, (2013) showed
22 that *Phragmites australis* and *Typha domingensis* species may be used as biomonitors of trace
23 element contamination in sediment. Overall, *T. domingensis* and *P. australis* showed a greater
24 capacity of bioaccumulation as well as a greater efficiency of element removal than *A. donax*. In

1 particular, *T. domingensis* and *P. australis* may be used for Hg phytostabilization, the former
2 acted also as a hyperaccumulator for trace elements phytoextraction and phytostabilization. In
3 contaminated wetlands, the presence of *T. domingensis* and *P. australis* may increase the general
4 retention of trace elements. Wafaa et al., (2010) demonstrated that *Phragmites australis* and
5 *Tamarix aphylla* species are significant as vegetation filter and for cleaning the soils from
6 contamination with heavy metals by phytoextraction. Antioxidant thiolic compounds were
7 probably involved in the mechanisms used by *P. australis* to alleviate metal toxicity. As
8 *P.australis* is considered suitable for phytostabilising metal-contaminated sediments,
9 understanding its tolerance mechanisms to toxic metals is important to optimize the conditions
10 for applying this plant in phytoremediation (Rocha et al., 2014).

11

12

CONCLUSION

13 Delta drains often receive high amounts of organic and inorganic pollutants from
14 industrial, domestic wastewater as well as diffuse agricultural drainage. High priority should be
15 given to Zefta drain and drain No.5 sites which receive high loads of pollutants. This was
16 confirmed by the lower water quality and polluted soils with heavy metals in the El- Mahla El-
17 Kobra area. Industrial and municipal wastewater sources in El- Mahla El-Kobra area must be
18 treated before it discharge in Zefta drain and drain No.5. Using heavy metals-contaminated
19 agricultural soils in cultivation of rice and maize crops for human consumption may result in
20 health hazards.

21

Acknowledgements

23 We acknowledge Tanta University, Governorate of Tanta, Egypt for the fund and support in
24 carrying out this research work. Authors appreciated and thank College of Food and Agricultural

1 Research Center and Deanship of Scientific Research, King Saud University, Saudi Arabia, for
2 supporting this work.

3
4
5

REFERENCES

6

7 Abou-Sekkina, M.M., Issa, R.M., Bastawisy, A.E., El-Helece, W. A.: Characterization and
8 evaluation of thermodynamic parameters for Egyptian heap fired rice straw ash (RSA),
9 International J. of Chemistry, 2, 81–88, 2010.

10 Al Naggar, Y.A., Naiem, E.A., Seif, A.I., Mona, M. H.: Honey bees and their products as a bio-
11 indicator of environmental pollution with heavy metals, Mellifera, 13, 10–20, 2013.

12 Alam, M. G.M., Snow, E.T., Tanaka, A.: Arsenic and heavy metal contamination of vegetables
13 grown in Samta village, Bangladesh, Sci. of the Total Enviro., 308, 83–96, 2003.

14 Alirzayeva, E.G., T.S. Shirvani, M.A. Yazici, S.M. Alverdiyeva, E.S. Shukurov, L. Ozturk, V.M.
15 Ali-Zade, and I. Cakmak.: Heavy Metal accumulation in Artemisia and Foliaceous
16 Lichen species from the Azerbaijan flora, Forest Snow and Landscape Research, 80,
17 339–348, 2006.

18 Alloway, B.J.: Heavy Metals in Soils. John Wiley & Sons, Inc. New York, ISBN 0470215984,
19 1990.

20 APHA, AWWA and WEF.: Standard methods for the examination of water and wastewater,
21 XX ed. American Public Health Association, Washington, DC, 2005.

22 Bonanno G.: Comparative performance of trace element bioaccumulation and biomonitoring in
23 the plant species *Typha domingensis*, *Phragmites australis* and *Arundo donax*. Ecotox.
24 and Environ., 97,124–130, 2013.

1 Bose, S., Bhattacharyya, A.K.: Heavy metal accumulation in wheat plant grown in soil amended
2 with industrial sludge, *Chemo.*, 70, 1264–1272, 2008.

3 Brevik, E.C., Sauer, T. J.: The past, present, and future of soils and human health studies. *Soil*, 1,
4 35–46, 2015.

5 Brooks, R.: Plants that hyper accumulated heavy metals CAB international. London, UK, ISBN,
6 1998.

7 Chapman, H.D., Pratt, P.F.: *Methods of Analysis for Soils, Plant and Water*, Univ. of California,
8 Division of Agric. Sci., USA, Chapter 2, pp.56–64, 1961.

9 Chen, Z.S., Lee, D.Y., Wong, D., and Wang, Y.: Effect of various treatments on the uptake of Cd
10 from polluted soils by vegetable crops, in: *Proceedings of 3rd work shop of soil pollution*
11 *and prevention*, National Chuny-Hsing University Taiwan, ROC, 277–292, 1992.

12 Cherif, J., Derbel, N., Nakkach, M., Bergmann, H., Jemal, F., Ben Lakhdar, Z.: Spectroscopic
13 studies of photosynthetic responses of tomato plants to the interaction of zinc and
14 cadmium toxicity, *J. of Photochemistry & Photobiology, B: Biology*, 111: 9–16, 2012.

15 Chibuike, G.U., Obiora, S.C.: Heavy Metal Polluted Soils: Effect on plants and bioremediation
16 methods. *Applied and Enviro. Soil Sci.*, doi: 10.1155/2014/752708, 2014.

17 Chitdeshwari, T., Savithri, P., and Mahimai Raja, S.: Effect of sewage bio-solids compost on
18 biomass yield of Amaranths and heavy metal availability, *J. Indian Soc. Soil Sci.*, 50,
19 480–484, 2002.

20 Cho, C., Park, S., Sung, K.: Subsurface and plant contamination during natural attenuation and
21 phytoremediation of silt loam contaminated with chlorinated organic compounds, *Vadose*
22 *Zone J.*, 12, doi:10.2136/vzj2012.0081, 2013.

1 Dong, J., Yang, Q.W., Sun, L.N., Zeng, Q., Liu, S.J., and Pan, J.: Assessing the concentration and
2 potential dietary risk of heavy metals in vegetables at a Pb/Zn mine site, China. *Environ.*
3 *Earth Sci*, 64, 1317-1321, 2011.

4 E.C.S (Egyptian Chemical Standards): Protection of the Nile River and water stream from
5 pollution, Ministry of Irrigation, Cairo, Egypt, low No. 48/1992.

6 El-Gendi, S. A., Badawy, S. H., and Helal, M. I.: Mobility of some heavy metal nutrients in
7 sandy soils irrigated with sewage effluent, *J. Agric. Sci. Mansoura Univ.*, 22, 3535–3552,
8 1997.

9 Fakayode, S., Onianwa, P.: Heavy metal contamination of soil and bioaccumulation in Guinea
10 grass (*Panicum maximum*) around Ikeja industrial estate, Lagos, Nigeria. *Enviro.*
11 *Geology*, 43, 145–150, 2002.

12 FAO.: The wealth of waste: The economics of wastewater use in agriculture In: FAO
13 Water Report No. 35. Water Development and Management Unit, Food and Agriculture
14 Organization of the United Nations, ISBN 978-92-5-106578–5, 2010.

15 Farooqi, Z.R., Iqbal, M.Z., Kabir, M., Shafiq, M.: Toxic effects of lead and cadmium on
16 germination and seedling growth of *Albezia lebbeck (L.) Benth*, *Pak. J. Bot.* 41, 27–33.
17 2009.

18 Ghoneim, A.M., Al-Zahrani, S., El-Maghraby, S., Al-Farraj, A.: Heavy metal distribution in
19 *Fagonia indica and Cenchrus ciliaris* native vegetation plant species, *J. of Food, Agri.*
20 *& Environ.*, 12 (3&4), 320–324, 2014.

21 Gupta, S., Satpati, S., Nayek, S., Garai, D.: Effect of wastewater irrigation on vegetables in
22 relation to bioaccumulation of heavy metals and biochemical changes, *Environ. Moni. and*
23 *Ass.*, 165, 169–177, 2010.

- 1 Ha, N.N., Agusa, T., Ramu, K., Tu, N.P., Murata, S., Bullbule, K.A., Parthasraty, P., Takashashi,
2 S., Subramanium, A., Tanble, S.: Contamination by trace elements at e-waste recycling
3 sites in Bangalore, India, *Chemosphere*, 76, 9–15, 2009.
- 4 Håkanson, L.: Ecological risk index for aquatic pollution control: sediment logical approach,
5 *Water Res.*, 14, 975–1001, 1980.
- 6 Hernandez, T., Moreno, J., Costa, F.: Influence of sewage sludge application on crop yields and
7 heavy metal availability, *Soil Sci. Plant Nut.*, 37, 201–210, 1991.
- 8 Hough, R.L., Young, S.D., Crout, N. M. J.: Modeling of Cd, Cu, Ni, Pb and Zn uptake, by winter
9 wheat and forage maize, from a sewage disposal farm, *Soil Use and Mana.*, 19, 19–27,
10 2003.
- 11 Iannelli, M.A., Pietrini, F., Flore, L., Petrilli, L., Massacci, A.: Antioxidant response to cadmium
12 in *Phragmites australis* plants, *Plant Physiol Biochem.*, 40,977–982, 2002.
- 13 Imperato, M., Adamo, P., Naimo, D., Arienzo, M., Stanzione, D., Violante, P.: Spatial
14 distribution of metals in urban soils of Naples city (Italy), *Environ. Poll.*, 124, 247–256,
15 2013.
- 16 Jackson, M.L.: *Soil Chemical Analysis*. Constable and Company Ltd. London, 1973.
- 17 Jolly, Y.N., Islam, A., Akbar, S.: Transfer of metals from soil to vegetables and possible health
18 risk assessment, *Springer Plus* 2, 1–8, 2013.
- 19 Kabata-Pendias, A., Pendias, H.: *Trace Elements in Soils and Plants*, Boca Raton, FL: CRC
20 Press, 1992.
- 21 Kabir, M., Iqbal, M. Z., Farooqi, Z. A.: Reduction in germination and seedling growth of
22 *Thespesia Populnea* L. caused by lead and cadmium treatments, *Pak. J. Bot.*, 40, 2419–5
23 2426, 2008.

- 1 Khan, S., Q. Cao, Y.M., Zheng, Y.Z., Huang, Zhu, Y. G.: Health risks of heavy metals in
2 contaminated soils and food crops irrigated with wastewater in Beijing, China, Environ.
3 Poll., 152, 686–692, 2008.
- 4 Khaskhoussy, K., Hachicha, M., Kahlaoui, B., Messoudi-Nefzi, B., Rejeb, A., Jouzdan, O.,
5 Arselan, A.: Effect of treated wastewater on soil and corn crop in the Tunisian area, J.
6 Appl. Sci. Res., 9, 132–140, 2013.
- 7 Kiziloglu, F., Turanb, M., Sahina, U., Kuslua, Y., Dursunc, A.: Effects of untreated and treated
8 wastewater irrigation on some chemical properties of cauliflower (*Brassica oleracea L.*
9 *var. botrytis*) and red cabbage (*Brassica oleracea L. var. rubra*) grown on calcareous
10 soil in Turkey, Agric. Water Mana., 95, 716–724, 2008.
- 11 Lasheen, M.R., Abd EL-Shafy, H., Ashmawy, A. M.: Selected metals in River water, Bull Nat.
12 Res. Cent., Egypt, 6, 578, 1981.
- 13 Li, G. C., Haw-Tarn, L., Chi-Sen, L.: Uptake of heavy metals by plants in Taiwan, paper from
14 conference title: Biogeochemistry of trace elements, Environ. Geochem. Helth., 2, 153–
15 160,1994.
- 16 Linsley, R.K., Joseph, B., Franzini, D.L., Freyberg, G.T.: Water Resources Engineering, Fourth
17 Edition. McGraw-Hill, Inc., New York, 1992.
- 18 Loeppert, R.H., Suarez, D.L.: Carbonate and gypsum p.437-474. In D. L. Sparks et al. (Ed)
19 Methods of Soil Analysis. Part3. SSSA Book Ser.5. SSSA, Madison, WI, 1996.
- 20 Lone, M. I., Rizwan, M.: Evolution of industrial effluents for irrigation and their effect on soil
21 and chemical properties, in: Proc. NSMTCC 97 Environ. Poll., Islamabad, Pakistan, 30
22 269–280, 1997.
- 23 Mace, J.E., Amrhein, C.: Leaching and reclamation of a soil irrigated with moderate SAR waters,
24 Soil Sci. Soc. Am. J. 65, 199–204, 2001.

- 1 Mapanda F., Mangwayana, E.N., Nyamangara, J., Giller, K. E.: Uptake of heavy metals by
2 vegetables irrigated using wastewater and the subsequent risks in Harare, Zimbabwe.
3 *Physics and Chemistry of the Earth*, 32, 1399–1405, 2007.
- 4 Matloub, M.A., Mehana, T.A.: Utilization of treated sewage effluent for reclaiming a salt-
5 affected soil. *Egypt J. Appl. Sci.*, 13, 298-316. 1998.
- 6 Metcalf and Eddy (Ed.): *Wastewater Engineering: Treatment, Disposal, Reuse*. 4th Ed, McGraw-
7 Hill, Inc. New York, 2003.
- 8 McGrath, S.P., Zhao, F. J.: Phytoextraction of metals and metalloids from contaminated soils,
9 *Current Opinion in Biotechnology*, 14, 277–282, 2003.
- 10 Mollahoseini, H.: Long term effects of municipal wastewater irrigation on some properties of a
11 semiarid region soil of Iran, *Intern. J. of Agro. and Plant Pro.*, 4, 1023–1028, 2013.
- 12 Morgan, R.: Soil, heavy metals, and human health, in *soils and human health*, edited by: Brevik,
13 E. C. and Burgess, L. C., Boca Raton, FL, USA, CRC Press, 59–82, 2013.
- 14 Nabulo, G., Young, S.D., Black, C.R.: Assessing risk to human health from tropical leafy
15 vegetables grown on contaminated urban soils, *Sci. Total Environ.*, 408, 5338–51, 2010.
- 16 Nassef, M., Hannigan, R., EL Sayed, K.A., Tahawy, M. S.: Determination of some heavy metals
17 in the environment of Sadat industrial city. *Proceeding of the 2nd Environmental Physics*
18 *Conference*, 14–152, 2006.
- 19 Nziguheba, G., Smolders, A.: Inputs of trace elements in agricultural soils via phosphate
20 fertilizers in European countries, *Sci. Total Environ.*, 390, 53–57, 2008.
- 21 Onder, S., Dursun, S., Gezgin, S., Demirbas, A.: Determination of Metal Pollution in Grass and
22 Soil of City Centre Green Areas (Konya, Turkey), *Polish J. Environ. Studies*, 16, 145–
23 154, 2007.
- 24 Page, M.A (ed.): *Methods of soil analysis. Part 2* .Academic press, New York, 1982.

- 1 Pescod, M.B.: Wastewater treatment and use in agriculture, Bull FAO 47: 125, Rome, Italy,
2 1992.
- 3 Rana, L., Dhankhar, R., Chhikara, S.: Soil characteristics affected by long term application of
4 sewage wastewater, Int. J. Environ. Res., 4:513–518, 2010.
- 5 Richards, R.L.: Diagnosis and improvement of saline and alkali soils, USDA, Agriculture
6 Handbook, No. 60US Gov. Printing office Washington, 1954.
- 7 Rocha, A.S., Marisa, R., Almeida, M., Clara, P., Bastoa, M., and Teresa, S.D.: Antioxidant
8 response of *Phragmites australis* to Cu and Cd contamination, Ecotox. and Environ.
9 Saf., 109, 152–160, 2014.
- 10 Roy, M., McDonald, L.M.: metal uptake in plants and health risk assessments metal-
11 contaminated smelter soils, Land Deg. & Dev., DOI: 10.1002/ldr.2237, 2013.
- 12 Sacristán, D., Peñarroya, B., Recatalá, L: Increasing the knowledge on the management of Cu-
13 contaminated agricultural soils by cropping tomato (*Solanum Lycopersicum L.*). L and
14 Land Deg. & Dev., DOI: 10.1002/ldr.2319, 2015.
- 15 Saffari, V.R., Saffari, M.: Effect of treated municipal wastewater on bean growth, soil chemical
16 properties, and chemical fractions of zinc and copper, Arab J. Geo. Sci., 6, 4475–4485,
17 2013.
- 18 Saleemi, M.A.: Environmental assessment and management of irrigation and drainage scheme for
19 sustainable agriculture growth, Environ. Protection Agency Bull. (Lahore). Pp. 64, 1993.
- 20 Salomons, W., and Forstner, V.: Trace metal analysis on pollution sediments 11. Evaluation of
21 environmental impact Environ, Technol. Lett., I, 506–517, 1980.
- 22 Salwa, F. Shalaby, E., Bahy, A., El Deen, A.: Water management problems associated with urban
23 sprawl in Gharbia Governorate, Egypt using remote sensing and GIS, Inter. J. Adva.
24 Rem. Sens. & GIS, 2, 243 –259, 2013.

- 1 Singh, R.P., Agrawal, M.: Effects of sewage sludge amendment on heavy metal accumulation
2 and consequent responses of *Beta vulgaris* plants, *Chem.*, 67, 2229–2240, 2007.
- 3 Stephenson, M., Motycka, M., La Verock, M.: Recycling of Cd from sediment to water in an
4 experimentally contaminated lake. International conference metals in the environment,
5 Hamburg, 1, 1995.
- 6 Suciu, I.C., Cosma, M., Todoc, S.D., Bolboac, S.D., Jantschi, L.: Analysis of soil metal pollution
7 and pattern in central Transylvania, *Inter. J. Molecular Sciences*, 9, 434–453, 2008.
- 8 Thuy, L.T., Nguyen, N.V., Tu T.L.: Anthropogenic input of selected heavy metals (Cu, Cr, Pb,
9 Zn and Cd) in aquatic sediments of Hochiminh city, Vietnam, 2007.
- 10 Toth, T., Tomas, J., Lazor, P., Bajcan, D., Jomova, D.: The Transfer of metals from contaminated
11 soils into agricultural plants in high Tatars region, *Czech J. Food Sci.*, 27, 390–393,
12 2009.
- 13 Tu, C., Ma, L. Q., Bondada, B.: Arsenic accumulation in the hyper accumulator Chinese brake
14 and its 957 utilization potential for phytoremediation, *J. Environ. Qual.*, 31, 1671–1675,
15 2002.
- 16 US Environmental Protection Agency.: Screening level ecological risk assessment protocol for
17 hazardous waste combustion facilities. Vol.3. Appendix E: Toxicity reference values,
18 EAP530-D99-001C, 1999.
- 19 Wafaa, A., Al-Taisan, A.A., Al-Qarawi, A., Moodi, S.: Effect of water stress by polyethylene
20 glycol 8000 and sodium chloride on germination of *Ephedra Alata Decne* seeds, *Biol*
21 *Sci. J.*, 17, 253–257, 2010.

1 Wang, M., Song, H., Chen, W., Lu, C., Hu, Q., Ren Z.: Cancer mortality in a Chinese population
2 surrounding a multi-metal sulphide mine in Guangdong province: an ecologic study,
3 BMC Public Health, 16; 11:319. doi: 10.1186/1471-2458-11-319, 2011.

4 Ye, M., Sun, M., Liu, Z., Ni, N., Chen, Y., Gu, C., Kengara, F. O., Li, H., Jiang, X.: Evaluation
5 of enhanced soil washing process and phytoremediation with maize oil, carboxymethyl- α -
6 cyclodextrin, and vetiver grass for the recovery of organochlorine pesticides and heavy
7 metals from a pesticide factory site, J. Environ. Manage., 141, 161-168, 2014.

8 Zhang, H., Lin, Y.H., Zhang, Z., Zhang, X., Shaw, S.L., Knipping, E.M., Weber, R.J., Gold, A.,
9 Kamens, R. M., and Surratt, J.D.: Secondary organic aerosol formation from methacrolein
10 photooxidation: Roles of NO_x level, relative humidity, and aerosol acidity, Environ.
11 Chem., 9, 247-262, 2012.

12 Zhao, K., Liu, X., Xu, J., Selim, H.: Heavy metal contaminations in a soil – rice system:
13 identification of spatial dependence in relation to soil properties of paddy fields, J. Hazard
14 Mater., 181,778-87, 2010.

15 Zhuang, P., McBride, M. B., Xia, H., Li, N., Li, Z.: Health risk from heavy metals via
16 consumption of food crops in the vicinity of Dabaoshan mine, South China, Sci. Total
17 Environ., 407, 1551- 1561, 2009.

18 Źukowska, J., Biziuk, M.: Methodological evaluation of method for dietary heavy metal intake.
19 J. Food Sci., 73, 21-9, 2008.

20
21
22
23
24

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24

Table 1. Total concentrations of heavy metals in soils irrigated by contaminated water from Zefta drain, drain No.5 and Baher EL Mlah canal.

Parameters	Unit	Soils around			Upper limit of total heavy metals in soils (Chen et al.,1992)
		Drain No. 5	Zefta drain	Baher EL Mlah	
pH	-	7.80- 8.30	7.80 - 8.50	7.30	-
CaCO ₃	%	4.10-8.20	3.28 - 5.74	4.10	-
Fe	mg kg ⁻¹	1226- 4989	1790- 4757	933	-
Zn	mg kg ⁻¹	102-187	184 - 449	54	120
Mn	mg kg ⁻¹	341- 800	172 - 853	264	-
Cu	mg kg ⁻¹	82 - 167	123 - 386	60	35
Cd	mg kg ⁻¹	13- 28	21 - 33	11	3
Pb	mg kg ⁻¹	48- 92	55 - 80	53	120
Ni	mg kg ⁻¹	55 - 133	104- 164	31	60

1 **Table 2.** Bioconcentration factors of heavy metals in maize and rice shoots grown in soils
 2 irrigated by wastewater from Zefta drain, drain No.5 and limits of heavy metals.

3

Elements	Drain No. 5		Zefta drain		Limits of heavy metals * mg kg ⁻¹
	Rice	Maize	Rice	Maize	
Fe	0.29	0.35	0.54	0.34	-
Mn	3.40	2.97	1.71	1.51	300–500
Cu	0.59	1.54	1.75	1.83	20–100
Zn	2.82	1.71	1.44	1.32	100–400
Pb	6.73	6.83	5.26	5.66	30–300
Cd	6.14	6.45	6.55	2.26	5–30

4 * Kabata-Pendias and Pendias (1992)

5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31

1 **Table 3.** The chemical analysis of water collected from Zefta drain, drain No.5 and Baher El
 2 Mlah canal.

Parameters	Units	Drain No. 5	Zefta drain	Baher EL Mlah	Water criteria for irrigation water
pH	-	9.80	12.2	7.20	6.5-8.4
TDS	mg l ⁻¹	1016	1130	334	2000
SAR	-	17.3	18.2	6.00	6-12
BOD	mg l ⁻¹	540-723	442-632	0.00	40 *
COD	mg l ⁻¹	882-2301	978-2445	0.00	60 *
Fe	mg l ⁻¹	0.09	0.56	0.01	5.0
Zn	mg l ⁻¹	0.02	0.037	0.00	2.00
Mn	mg l ⁻¹	0.68	2.91	0.03	0.20
Cu	mg l ⁻¹	0.15	0.28	0.12	0.20
Cd	mg l ⁻¹	0.03	0.07	0.001	0.01
Pb	mg l ⁻¹	1.05	0.18	0.05	5.00
Ni	mg l ⁻¹	0.12	0.31	0.02	0.20

3 * Egyptian chemical standards (48/1992)

4
5
6
7
8
9
10
11
12
13
14
15

16 **Table 4.** Average of heavy metal concentrations, contaminant factor and distribution
 17 coefficients (Kd) in sediments of drain No.5 compared with toxicological reference value (US

1 EPA, 1999).

2

Element	Conc. (mg kg ⁻¹)		Cf	Kd (L kg ⁻¹)
	Mean ± SD	Et		
Zn	647.5 ± 36.7	110	6.25	32375.0
Mn	2125.0 ± 74.3	-	12.7	3125.0
Cu	425.0 ± 12.4	16	4.25	2833.3
Cd	97.5 ± 4.6	0.6	9.55	3250.0
Pb	145.0 ± 4.5	31	4.80	138.10
Ni	195.0 ± 9.8	-	7.33	1625.0

3

4 Et: US EPA Toxicity reference value; Cf: Contaminant factor; Kd: Distribution
5 coefficients (L kg⁻¹)

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

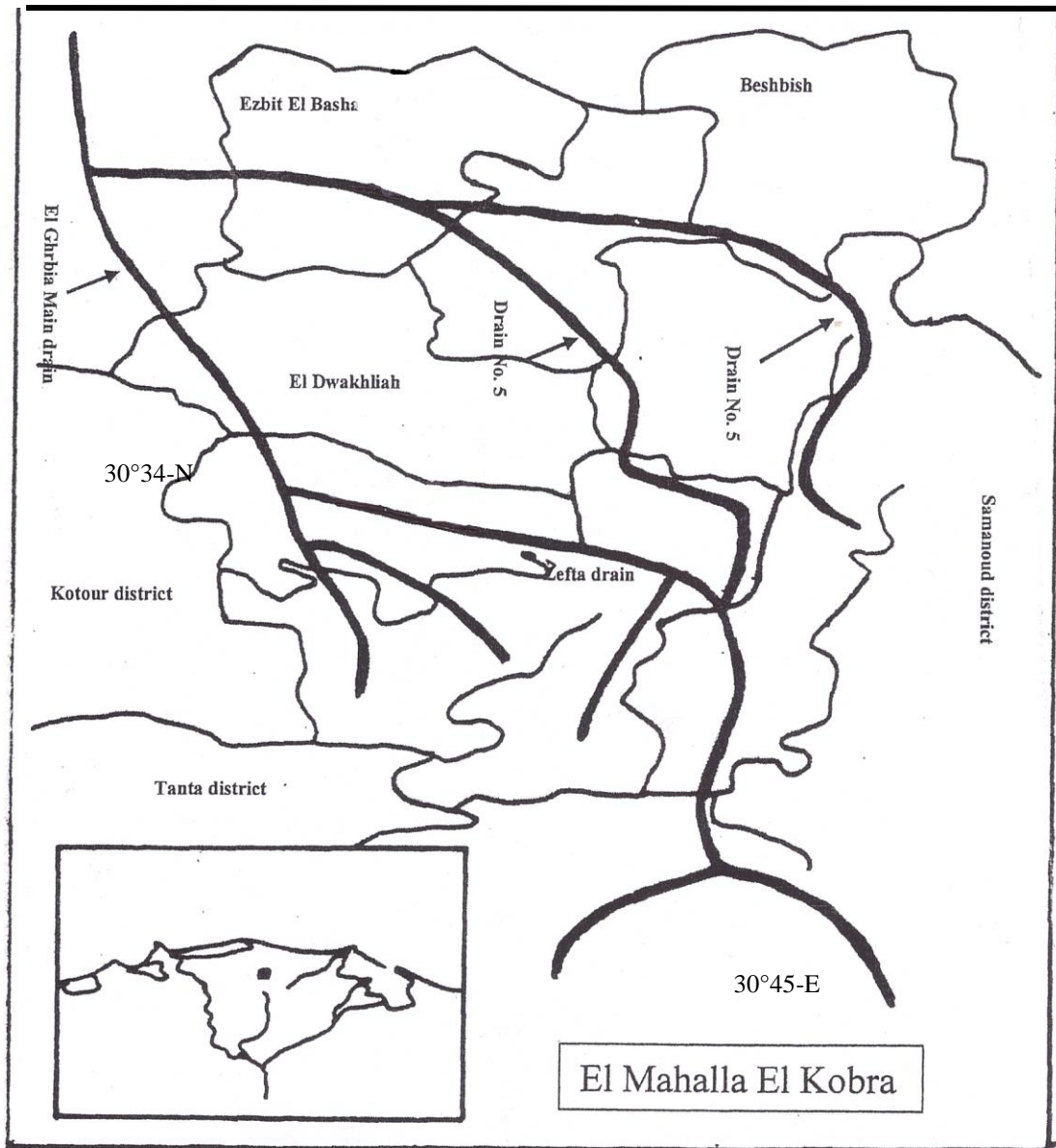
26

27

28

29

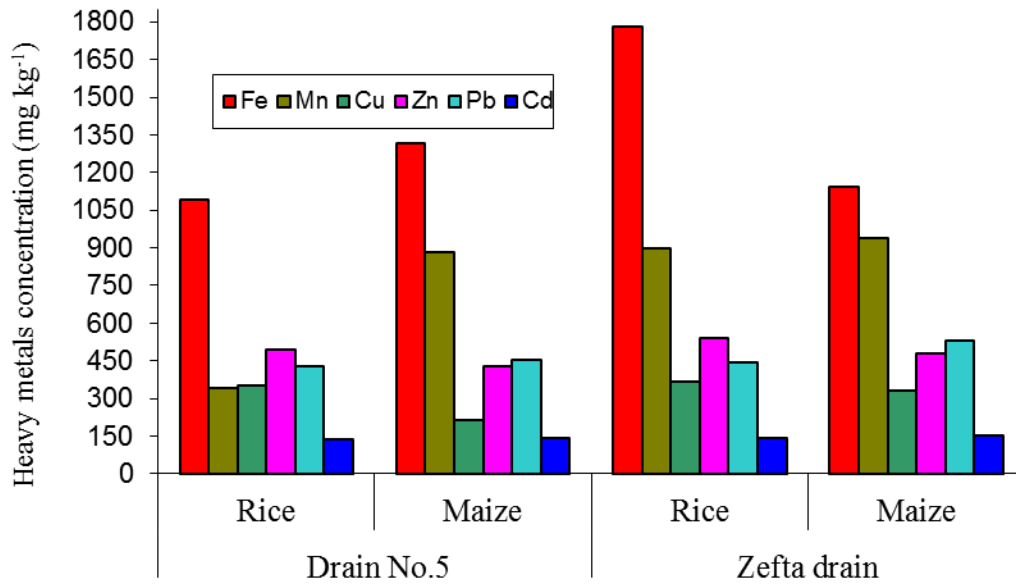
30



1
2
3
4
5
6
7
8

Figure 1. Location of study area.

1
2
3
4
5
6

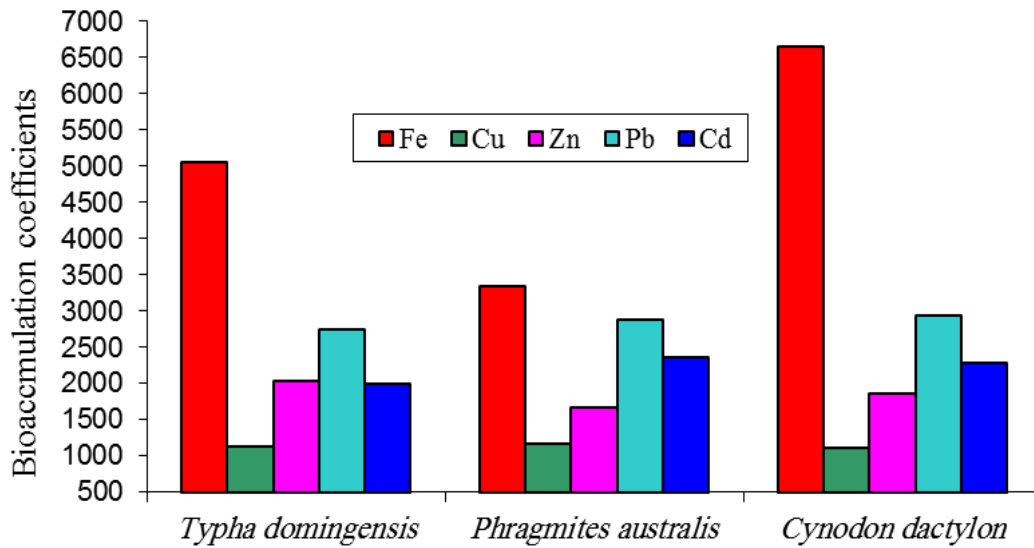


7
8
9

10 **Figure 2.** Concentration of heavy metals in maize and rice shoots grown in soils irrigated from
11 Zefta drain and drain No.5.

12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27

1
2
3
4
5
6
7
8



9

10 **Figure 3.** Bioaccumulation coefficients of heavy metals in *Typha domingensis*, *Phragmites*
11 *australis* and *Cynodon dactylon* plants grown in Zefta drain.

12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29