



1 Reversing land degradation through grasses: a systematic meta-analysis in the Indian tropics

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21 **Abstract**



22 The present study critically analyzes the effect of grasses in reversing the process of land  
23 degradation using a systematic review. The collected information was segregated under three  
24 different land use and land management situations. Meta-analysis was applied to test the  
25 hypothesis that use of grasses reduce runoff and soil erosion. Effect of grasses was deduced  
26 for grass strip and in combination with physical structures. Similarly, the effects of grasses  
27 were analyzed in degraded pasture lands. The overall result of the meta-analysis showed that  
28 infiltration capacity increased approximately two-fold after planting grasses across the slopes  
29 in agricultural fields. Grazing land management through *cut and carry* system increased  
30 conservation efficiencies by 42% and 63% with respect to reduction in runoff and erosion,  
31 respectively. Considering comprehensive performance Index (CPI) it has been observed that  
32 hybrid napier (*Pennisetum purpureum*) and sambuta (*Saccharum munja*) seem to possess the  
33 best desirable attributes as effective grass barrier for western Himalaya and eastern Ghat  
34 while natural grass (*Dicanthium annulatum*) and broom grass (*Thysanolaena maxima*) are  
35 found to be most promising grass species for Konkan region of western Ghat and north  
36 eastern Himalayan region, respectively. In addition to these benefits, it was also observed that  
37 soil carbon loss can be reduced by 83% with the use of grasses. Overall, efficacy for erosion  
38 control of various grasses was more than 60% hence their selection should be based on the  
39 production potential of these grasses under given edaphic and agro-ecological condition.

#### 40 **Key-words**

41 **Contour grass barrier, Conservation efficiency, Grazing, Reverse land degradation, Soil**  
42 **erosion,**

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#### 45 **1 Introduction**



46 Water erosion is the main cause of land degradation affecting about 2 billion ha area  
47 throughout the world with a largest part in tropics which affect two most important natural  
48 resources, namely, soil and water (Mandal and Sharda, 2011a; De Oliveria et al., 2010;  
49 Keesstra et al., 2014; Novara et al., 2011; Seutloali and Beckedahl, 2015; Novara et al.,  
50 2016). Worldwide loss of water and sediment due to soil erosion is a major environmental  
51 threat (Prosdocimi et al., 2016; Pimentel, 1993). Soil erosion is accelerated due to high  
52 rainfall intensities (Keesstra *et al.*, 2016), steep slopes (Beskow et al., 2009) and fragile  
53 nature of top soil (Lal, 1998; Rodrigo-Comino et al., 2016; Ochoa et al., 2016 ). Many parts  
54 of the tropics in India have high annual rainfall confined to only four to five months (June-  
55 September). During the seven to eight months dry period, scarcity of water causes a severe  
56 shortage of fodder in farmlands which leads to increase grazing pressure on forest and  
57 community lands. Nearly, a third of the fodder requirement in India is met from the forest  
58 resources in the form of grazing and cut fodder (MoEF, 1999). The process of land  
59 degradation in croplands and grasslands has been accelerated mainly by inappropriate land  
60 use (Nearing et al., 2005; Mandal et al., 2010) and mismanagement (Kagabo et al., 2013).

61 Generally, conservation planning needs the soil loss tolerance value which is  
62 considered as the higher limit of soil erosion rate that can be allowed without long term land  
63 degradation (Jha et al. 2009). Strategies to reverse land degradation are critical since soil is a  
64 non-renewable resource (Mandal and Sharda, 2011b; Mandal et al., 2010). Soil erosion rates  
65 more than tolerance values are considered non acceptable (Mandal and Sharda, 2013) which  
66 leads to irreversible land degradation and need to be reduced through appropriate soil  
67 conservation measures (SCM) (Biswas et al., 2015) The physical structures to check soil  
68 erosion are proven effective but are cost intensive. Biological methods of soil and water  
69 conservation, especially, grass based methods have been reported to be very cost effective  
70 and suitable for sloppy lands. Perennial grasses provide ground cover throughout the year and



71 helps in reducing runoff and soil loss when used as barriers along the contour particularly in  
72 hill slopes (Dhruvanarayana and Ram babu, 1983). Grasses are the key component in many  
73 ecosystems of the world (Parras-Alcantara et al., 2015; Hu et al., 2016; Mekonnen et al.,  
74 2016).

75 Grass species, in particular, have tremendous potentialities in soil conservation as  
76 grass roots have a great binding influence on soil particles (Ovara et al., 2013; Ola et al.,  
77 2015). Due to resource scarcity and multiple competing enterprises that characterise most  
78 farming situations of rural India, farmers often lack adequate resource to invest in physical  
79 soil conservation structures. Thus, the usefulness of grasses as vegetative barrier is an  
80 alternative to the physical soil structures. Basically these contour vegetative barriers/grass  
81 filter strips help in reducing soil erosion by acting as porous barriers which subsequently slow  
82 down the flow of runoff (Angima et al., 2001; Mutegi et al., 2006).

83 The hilly region of India is characterized by geological fragility, land marginality and  
84 vulnerability (Mandal and Sharda, 2013). The croplands in sloppy areas suffer from excessive  
85 soil erosion and erosion induced nutrient depletion. Soil erosion in these areas ranges  
86 between 20-40 Mg ha<sup>-1</sup> yr<sup>-1</sup> as compared to the national average of 16.35 Mg ha<sup>-1</sup> yr<sup>-1</sup>  
87 (Dhruvanarayana and Ram babu, 1983). Such high rates of soil erosion result in considerable  
88 depletion of nutrients from the top soil which in turn causes poor productivity of crops.  
89 Research evidence from the land subjected to shifting cultivation reported that about 600 Mt  
90 (million tons) of soil is eroded annually which led to losses of 258,000, 73,000 and 179,000  
91 tonnes of N, P<sub>2</sub>O<sub>5</sub> and K<sub>2</sub>O, respectively (Kumar, 2011). Soil erosion has been pointed as one  
92 of the important reason for the land abandonment by many farmers in sub-tropical hilly areas  
93 of India (Rao and Pant, 2001).



94           The grasslands in middle and lower Himalayas are generally in the most neglected  
95 state with low productivity. In this predominantly grazing region, excessive reliance on  
96 animal husbandry under a growing population has exerted great pressure on the land. In  
97 tropical India, an average of 42 animals graze on a hectare of land compared to maximum  
98 threshold level of 5 (Sahay, 1999). Raising and maintenance of perennial grasses on  
99 degraded soils has been suggested as a means to improve soil quality and sequester carbon in  
100 the soil. Several studies have shown that the inclusion of grasses in the agricultural landscape  
101 often improves the productivity of system while providing opportunities to create carbon (C)  
102 sinks (Ghosh et al., 2009; Cogle et al., 2011; Huang et al., 2010; Mutegi et al., 2008). Soils  
103 typically account for 70-90% of the total carbon sequestered in a grassland ecosystem  
104 (Batjes, 2001).

105           In India most of the studies on the role of grasses as vegetative/filter strips have been  
106 done in isolation with fewer slope categories and with limited objectives restricting to soil  
107 erosion (Njoroge and Rao, 1994). Similarly, the studies on grazing land management are also  
108 very scarce. We present here an analysis on the potential of grasses for reversing land  
109 degradations for which the meta-analysis was carried out. The objective of this study is to  
110 determine the effect of grasses in arresting soil loss, runoff, moisture conservation and carbon  
111 build up in soils. Based on such information, conclusion regarding reversing land degradation  
112 through grasses can be drawn wherever similar land conditions are known.

## 113 **2 Material and methods**

114 Information on the usefulness of grasses in soil and water conservation was collected from  
115 published literature (Table 1 a and 1b). Keeping in view the role of grasses for arresting soil  
116 loss and runoff, all data were reoriented under three different categories viz; (i) role of  
117 grasses as vegetative barrier, (ii) complementary role of grasses with physical soil structures



118 and (iii) management of grazing lands. A total of 83 studies comprising 19 different sites in  
 119 varied agro-climatic region were included in the data set for the analysis (Table 1a and 1b).  
 120 Fifty four of these studies were related to contour grass barrier (CGB), 12 related to grazing  
 121 and 17 related to complementary role of grasses.

122 Meta-analysis was applied to test the hypotheses about role of grasses in reducing soil  
 123 erosion by combining data from several experiments. The technique has been extensively  
 124 used in natural resource management studies (Ilstect et al., 2007, Poeplau and Don, 2015;  
 125 Osenberg et al., 1999).

126 We aim to synthesise and discuss the fact that can be drawn from the past scientific  
 127 studies pertaining to the effect of grasses in arable and non-arable lands on one of the key  
 128 determining soil processes, namely reduction in soil and water losses and enhancement of  
 129 infiltration. We systematically used quality criteria to select studies to which we applied meta  
 130 analysis in order to produce a combined data set with the condition that a reference bare  
 131 land/fallow land had to be present with all the study sites. The reference sites were adjacent  
 132 to the grass treated field/plots within the same landscape and similar slope. Therefore, we  
 133 excluded studies where the reference site was either missing or was away from the field  
 134 study. The conservation use efficiency (CUE) was calculated by the following formula  
 135 (Khola and Sastry, 2005).

$$\begin{aligned}
 & \text{(The water or soil runoff rate before the conservation measure) - (The water or soil} \\
 & \text{runoff after the conservation measure) X 100} \\
 \text{136} & \\
 \text{137} & \\
 \text{138} & \text{CUE= } \frac{\text{The water or soil runoff rate before the conservation measure}}{\text{The water or soil runoff rate before the conservation measure}} \\
 \text{139} & \\
 \text{140} &
 \end{aligned}$$

141 Data were analyzed using the SPSS (version 17). The Analysis of Variance (ANOVA)  
 142 was conducted to test the significant difference between different treatments. Initially, a t-test  
 143 was conducted to test whether the impact of two treatments (without grass and with grass)



144 were significantly different. Protected least significant difference (LSD) at P=0.05 was used  
145 to separate the means for all the three different categories of data (Fisher, 1935). A separate t-  
146 test was also used for different slope classes to evaluate the performance of CGBs on the  
147 reduction of soil and water loss and enhancing crop yield.

148 Relative performance of different grasses used as CGB was evaluated by using a  
149 comprehensive performance index (CPI). The following formula was used to compute CPI  
150 values of different grasses (Sudhishri et al., 2008).

$$CPI = \sum_{i=1}^n WiRi$$

151  
152

153 Where CPI is comprehensive performance index of the grass species,  $Wi$  is weightage of the  
154  $i$ th parameter,  $Ri$  is rating (scoring) of the  $i$ th parameter based on its observed value. A total  
155 of six attributes namely, infiltration rate, soil loss, root binding capacity, maximum sod  
156 forming depth, fodder/commercial value and cost of establishment (Table 2) were used for  
157 computing CPI.

158 Additionally, relative reversibility of erosion/water loss and relative yield gained due to  
159 adoption of CGBs were computed by using the following formulas, respectively.

160 **Relative reversibility of erosion/water loss:**

$$161 \Delta \text{Erosion} / \Delta \text{Runoff} = \frac{\text{Erosion/ Water loss without CGB} - \text{Erosion/ Water loss with CGB}}{\text{Mean erosion/ Water loss}} \times 100$$

162  
163  
164  
165  
166



167 **Relative yield gain:**

$$168 \quad \Delta \text{Yield gain} = \frac{\text{Mean yield with CGB} - \text{Mean yield without CGB}}{\text{Mean Yield}} \times 100$$

169

170 **3 Results and discussion**

171 **3.1 Contour Grass Barrier (CGB)**

172 India is the home of about 1225 species of grasses, majority of which grows well in tropical  
 173 and subtropical region (Prakash et al., 1999). These grasses can be used as live bunds in  
 174 arresting soil erosion. Efficacy of CGBs in increasing the opportunity time for infiltration and  
 175 consequent profile recharge was also reported by other researchers (Sharma et al., 1997;  
 176 Prakash et al., 1999). In this meta-analysis, based on 25 observations, we quantified the  
 177 general potential of vegetative barriers to reduce run off and soil loss (Table 3). The overall  
 178 result of the meta-analysis showed that infiltration capacity increased approximately two-fold  
 179 after planting grasses across the slopes in agricultural fields (95% confidence level).  
 180 However, it is interesting to note that the mean runoff values were statistically insignificant in  
 181 case of combined treatment of grasses along with structural measures. This may be due to  
 182 very high standard deviation (SD) values obtained for vegetative barrier. These higher values  
 183 indicate lot of heterogeneity in the observation which needs to be verified. Although 70%  
 184 data showed similar variation, however, few higher values were not in expected lines which  
 185 might have caused this uncertainty. In case of Doon valley region, comparing the impacts on  
 186 soil wetting pattern, infiltration rate and sorptivity, it was observed that *Chrysopogon fulvus*  
 187 was most promising grass species. However, in Doon valley region *Panicum maximum* is  
 188 identified as most effective grass barrier with maize, but more research is required with  
 189 *Chrysopogon fulvus* because the rooting pattern, soil wetting, infiltration rate and other  
 190 properties of this grass shows great potentiality to be used as contour grass barrier in valley as





191 well as in hilly areas (Mandal and Jayaprakash, 2009). It was identified that *Saccharum*  
192 *munja* and *Eulaliopsis binata* are two most effective grasses for *Shivalik* region of Punjab and  
193 Haryana while hybrid napier and *Panicum maximum* are very effective in humid tropical  
194 regions of lower Himalaya.

195 Run off and soil loss values in CGB plots were lower than the control plots. The data  
196 show that run off varies between 11.26% and 62.60% with the mean value 37.71% and soil  
197 loss varies between 0.53 Mg ha<sup>-1</sup> yr<sup>-1</sup> and 30.90 Mg ha<sup>-1</sup> yr<sup>-1</sup> with the mean value 9.56 Mg  
198 ha<sup>-1</sup> yr<sup>-1</sup> in control treatments (Table 3). With CGB, the runoff data varies between 5.87% and  
199 44.10% with the mean value 20.93% and soil loss varies between 0.50 and 18.70 Mg ha<sup>-1</sup> yr<sup>-1</sup>  
200 with the mean value 3.93 Mg ha<sup>-1</sup> yr<sup>-1</sup>. The study revealed that on an average the overland  
201 flow reduced by 45% compared to control. CGB facilitated the appearance of backed-up  
202 water above the filter strips, which resulted in sedimentation and substantial reduction in soil  
203 loss. The analysis of the data indicated that as the rain proceeded, overland flow moved down  
204 slope into the grass hedges and water backed-up behind them, giving more opportunity time  
205 for the water to infiltrate the soil. Experiments conducted by Becker (2001) reported reduced  
206 soil erosion by parallel strips of stiff-stemmed grass planted along the contour lines. Over and  
207 above, the amount of transported soil reduced by 59% in case of grass barriers than that of the  
208 control. A substantial reduction in runoff from 37.71% in control to 20.93% in CGB was  
209 observed. Vegetative barriers reduced the soil loss from 9.0 Mg ha<sup>-1</sup> yr<sup>-1</sup> to 3.0 Mg ha<sup>-1</sup> yr<sup>-1</sup>.  
210 The CUE of vegetative barrier was found to be 44.56 and 59.04%, for runoff and soil loss,  
211 respectively. These findings are in conformity with the results reported by Gilley et al. (2000)  
212 who have summarized that grass hedges have the potential to reduce runoff by 52% and soil  
213 loss by 53% under no-till conditions. Globally, most researchers in tropical region have used  
214 vetiver grass (*Vetiveria zizanioides*), eastern gamagrass (*Tripsacum dactyloides*) due to their  
215 special characteristics with stiff, erect and coarse stems (Rachman et al., 2004, 2005;



216 Janushaj, 2005). Such species are perennial in nature thus show a good protective cover  
217 throughout the year in warm humid topics.

218 In terms of soil loss, the vegetative barrier of *Panicum maximum* showed promising  
219 performance with average rate of soil loss between  $2.74 \text{ Mg ha}^{-1} \text{ yr}^{-1}$  and  $7.93 \text{ Mg ha}^{-1} \text{ yr}^{-1}$  in  
220 north western Himalayan region which indicated that soil loss can be effectively brought  
221 below tolerance limit by adopting such SCM (Mandal et al., 2006). Considering the  
222 advantages of contour grass strips, over the mechanical measures, due to their less cost and  
223 minimum removal of the fertile top soil many organizations are promoting this practice as an  
224 effective measure to reduce erosion (ASAE, 1981; Hudson, 1981; Mulugeta, 1988;  
225 Turkelboom et al., 1994). Moreover, CGB is comparatively simple and easy to establish  
226 (Grunder, 1988), while mechanical measures are too expensive, are difficult to maintain in  
227 the long run (Rodriguez, 1997) and are time consuming (Tripathi and Singh, 1993).  
228 Additional advantages with regard to establishment and stabilization of the grass strip is that  
229 it needs very less attention to form a terrace while mechanical measures need regular  
230 maintenance to keep their effectiveness (Welle et al., 2006).

231 A study revealed that *Panicum maximum* provided 56% of coverage after three years  
232 of planting. The coverage increased progressively from 23% in 1<sup>st</sup> year to 56% in 3<sup>rd</sup> year.  
233 Similarly, Vetiver coverage increased from 29% in 1<sup>st</sup> year to 75% in 3<sup>rd</sup> year (Shrimali,  
234 2000). Vetiver grass distinctively showed highest reduction in annual runoff and soil. This  
235 was attributed to the fact that the erect and rather stiff leaves and stems of vetiver grass  
236 retarded more runoff flow and acted as filter to more sediment. Similar performance level of  
237 vegetative barrier was also reported by Rao et al. (1991) and Laing and Rupenthal (1991).  
238 This is also in conformity with the results of Patil et al. (1995b), who recorded 41.4% lesser  
239 runoff for vetiver over control. Similar results had been obtained by Tangtumnyom *et al.*  
240 (1996) for a cassava crop on a 5% slope where vetiver was used as vegetative barrier. The



241 effect produced by *Cenchrus ciliaris* planted at 10-m spacing was also comparable to that of  
242 vetiver at 10 m, which recorded a mean annual soil loss of 3.39 Mg ha<sup>-1</sup> (Jagannathan et al.,  
243 2000).

244 The conservation of soil and water in CGB varies with grass types and site conditions  
245 in different regions. However, *Pennisetum purpureum*, *Panicum maximum* and *Eulaliopsis*  
246 *binata* were very effective for lower Himalayan and Shiwalik region. Results from different  
247 studies across the country showed that due to the large amount of green phytomass, profuse  
248 tillering and dense rhizomatous network of roots, runoff and soil losses were significantly  
249 reduced with barrier of *Pennisetum purpureum*. For different regions of India including  
250 Andhra Pradesh, Haryana, Karnataka, Madhya Pradesh, Maharashtra, Orissa, Punjab,  
251 Tamilnadu and Uttarakhand suitable grasses for CGB are given in Table 4. In situation where  
252 fodder requirements are high *Pennisetum purpureum* mounted as a barrier would be  
253 beneficial, while in those areas where soil conservation is utmost important, *Eulaliopsis*  
254 *binata* or aromatic grasses such as palmarosa (*Cymbopogon martinii*) or vetiver (*Vetiver*  
255 *zizanoides*) grass would be reasonable choice.

256 Analysis of variance through t-test of soil loss, run off and yields of crops indicated  
257 that loss of water was significantly less in CGB treated sites in <2% slopes (Table 5). The  
258 water loss provided by CGBs compared to control was 16% Vs 27% for < 2% slope.  
259 However, the similar trend was not observed in 2-4% slope range. Interestingly the soil loss  
260 was significantly less in CGB treated sites in higher slopes (2-4 and >4% slopes).

261 Variations in soil erosion amounts paralleled to some extent to those of runoff in all the slope  
262 classes except in lower slope range (Table 5). The protective action of various CGBs are very  
263 clearly shown by the soil loss values which reflect that between 141% and 107% reversibility  
264 in soil loss can be achieved through adoption of CGB. The relative reversibility of water loss



265 provided by CGBs compared to control was 52.6% and 55.5% for < 2% and >4% slopes,  
266 respectively. Favourable soil condition created by CGBs resulted an increase in yield in all  
267 slope ranges. The significantly higher yield in CGB treated sites have resulted from either  
268 better moisture regime or higher nutrients or by both depending on the detention of runoff  
269 and deposition of fertile sediment by the CGBs. The relative yield gained by CGBs varied  
270 between 44% and 53% with highest value in 2-4% slope.

271 Clear picture about the relative merit of CGBs was determined through development  
272 of CPI for different grasses (Table 6). Hybrid Napier (*Pennisetum purpureum*) seems to  
273 possess the best desirable attributes for soil and water conservation with highest CPI value of  
274 0.81. On the other hand *Saccharum munja* had fairly good merit (0.79) in conserving soil  
275 and water and has both fodder and commercial values. Similarly *Dicanthium annulatum* with  
276 CPI value of 0.77 has an edge over broom grass (0.72). However from farmer adaptation  
277 point of view, both *Saccharum munja* (0.79) and *Thysanolaena maxima* (0.72) grass are most  
278 preferred species especially in shifting cultivation area of Eastern Ghats and north eastern  
279 hilly region of India.

### 280 3.2 Complementary role of grasses with physical soil structures

281 Grasses, shrubs and tree barriers in combination with structural measures (bioengineering  
282 measures) are known to be beneficial for soil and water conservation and have many relative  
283 advantages over structural interventions. Reinforcement by live roots which bind soil  
284 particles and underground decomposed biomass provides stability to aggregated soil. Plant  
285 detritus on the soil surface act as a cushion for dissipating kinetic energy of rain drops. This  
286 above ground biomass upon its subsequent decomposition also adds to the soil humus and  
287 increases infiltration, soil water holding capacity as well as stability of aggregates (Prakash *et*  
288 *al.*, 1999).



289           The data from Table 3 show that the use of grasses led to significant decrease in  
290 runoff from 25.53% in control to 9.37% with structural conservation measures. Soil loss also  
291 has significant decrease from 1.88 Mg ha<sup>-1</sup> yr<sup>-1</sup> in control to 0.73 Mg ha<sup>-1</sup> yr<sup>-1</sup> in structural  
292 conservation measures (Table 2). The run off varies between 17.00% and 48.50% with the  
293 mean value of 25.53% and soil loss varies between 1.53 Mg ha<sup>-1</sup> yr<sup>-1</sup> and 3.26 Mg ha<sup>-1</sup> yr<sup>-1</sup>  
294 with the mean value of 1.88 Mg ha<sup>-1</sup> yr<sup>-1</sup> in control. The runoff varies between 0.40% and  
295 15.30% with the mean value of 9.37% in combined treatment (grass along with structural  
296 measures). Similarly, analysis of the data revealed that the impact of grasses was more  
297 pronounced along with soil and water conservation measures in minimizing the losses of soil  
298 and water. Over and above, the complimentary action shows water saving by 63% and soil  
299 saving by 61%.

300           Earthen bund and earthen bund with broom was found to be more effective in soil  
301 moisture conservation at 4% and 8% slope as compare to other treatments (Figure 1). In  
302 comparative study conducted on *Pennisetum* and *Arundinella* barriers in combination with  
303 soil conservation measures, a substantial reduction (65-88% and 15-38%, respectively) in  
304 overland flow compared to the control plots had been reported (Huong et al., 2010).

### 305   **3.3 Management of grazing lands**

306   In India about 12.0 m ha of area is represented by permanent pasture and grasslands, majority  
307 of which is confined to the tropical areas (Roy and Singh, 2013). Since this pastureland and  
308 grasslands are severely affected by soil erosion, special attention should be given to their  
309 management to reverse the process of degradation. Our synthesis of the meta analysis  
310 revealed that by managing the grassland with cut & carry system, rotational grazing and  
311 control grazing can greatly reduce the water and soil loss and helps in the reversing the land  
312 degradation process. Similar phenomena have been reported by Misri (2003) and Pathak and



313 Dagar (2015), especially, for the lower Himalayan and Shivalik grassland where severe biotic  
314 pressure is imposed by both sedentary and migratory graziers. The grazing intensity in the  
315 country is as high as 12.6 adult cattle units per hectare (ACU ha<sup>-1</sup>) as against the carrying  
316 capacity 0.8 ACU ha<sup>-1</sup> (GOI, 2015).

317 The data (Table 3) show that run off varies between 11.30% and 33.40% with the mean value 24.33%  
318 and soil loss varies between 1.52 Mg ha<sup>-1</sup> yr<sup>-1</sup> and 3.28 Mg ha<sup>-1</sup> yr<sup>-1</sup> with the mean value 2.58 Mg ha<sup>-1</sup>  
319 yr<sup>-1</sup> in control plots (without grazing management). The management of grazing lands (cut and carry  
320 system, rotational grazing and control grazing) significantly reduced the runoff ranging between  
321 6.60% and 22.20% (with the mean value 14.12%) and soil loss ranging between 0.58 Mg ha<sup>-1</sup> yr<sup>-1</sup> and  
322 1.30 Mg ha<sup>-1</sup> yr<sup>-1</sup> (with the mean value 0.95 Mg ha<sup>-1</sup> yr<sup>-1</sup>). A total of 12 studies on grazing land  
323 management revealed that the benefits of stall feeding and controlled grazing could save about 42%  
324 water loss and 63% soil loss in sloppy lands. The mean runoff in grazing management practices was  
325 significantly reduced from 24.33% to 14.12%. This may be due to higher green cover and biomass  
326 production under improved management. Grazing land management of *Chrysopogon fulvus*,  
327 *Heteropogon contortus* and *Panicum maximum* have shown potentiality to produce 40 t ha<sup>-1</sup>, 8.5 t ha<sup>-1</sup>  
328 and 110 t ha<sup>-1</sup> green biomass yields, respectively (Rana, 1998; ICAR, 2006; Ghosh et al., 2009;  
329 Pathak and Dagar, 2015). The average soil loss was significantly reduced from 2.0 Mg ha<sup>-1</sup> yr<sup>-1</sup> to 0.95  
330 Mg ha<sup>-1</sup> yr<sup>-1</sup> by the imposition of grazing and grassland practices. However, some researchers  
331 demonstrated that the grass steppe is more resistant to land degradation than shrub steppes (Palacio et  
332 al., 2014 and they contribute to increase the biodiversity and to improve the soil quality (Costa et al.,  
333 2105; Gao-Lin et al., 2016)

334 *Dicanthium annulatum* cover was found to reduce the runoff and soil loss by 35.45-  
335 51.40% and 71.90-81.08%, respectively, in slightly to severely degraded lands in lateritic soil  
336 of Konkan regions in India (Figure 2 and 3). In this region *Dicanthium annulatum* yielded  
337 about 25-30 t ha<sup>-1</sup> of green biomass under improved management. The investigation further  
338 suggested that carbon loss can be reduced to the extent of 88.36 - 83.12 % in slightly and



339 severely degraded lands in the same region (Figure 4). The study also indicated that carbon  
340 sequestration rate up to  $100 \text{ kg ha}^{-1} \text{ yr}^{-1}$  can be achieved by the use of grass strips running  
341 across the slope especially in laterite soils of *Konkan* region (Kale et al., 1993). About 6 fold  
342 increase of SOC content in soil has been observed in barren lands of *Shivalik* region through  
343 rehabilitation by *Arundo donex*. Grazing management typically leads to a 3% annual increase  
344 in soil carbon (Conant et al., 2001). Duran and Rodriguez (2008) highlighted that grasses  
345 provide perennial protection and minimal erosion as they provide complete ground cover  
346 (Brindle, 2003). In Mediterranean region, based on 20 paired plots study, Keesstra et al.  
347 (2016) reported that runoff sediment concentration was 45.5 times higher in cleaned  
348 cultivation plots compared to covered plots. They further reported that erosion rate was below  
349 the soil loss tolerance limits under surface covered conditions. It is noticeable that the loss of  
350 vegetation cover leads to increase surface instability and poor regeneration which in turn set  
351 a vicious cycle in motion.

352         In the hilly region of north-eastern Himalaya, the alternative land use systems help in  
353 reducing soil erosion systems and SOC loss to a substantial extent. Higher root-biomass of  
354 the grasses, particularly *Paspalum*, *Congosignal*, *Hamil* and *Makunia* due to greater water  
355 transmission resulted in higher SOC in the soil profile. Following addition of organic matter  
356 through continuous root decay of these grasses, water holding capacity of the soil increased  
357 as a result of the increased specific surface area. Additionally, these grasses helped in  
358 improving soil quality including soil hydro-physical characteristics and biological activities.  
359 Such improvement in soil properties have a direct bearing on C-sequestration (5 fold increase  
360 in SOC over control), long-term sustainability, reducing soil erosion (2-3 fold increase in  
361 structural stability over control) in a complex, risk prone fragile ecosystem (Ghosh et al.,  
362 2009 )

363



364 **4 Conclusions**

365 Human induced changes due to land use intensification and overgrazing caused some severe  
366 and extreme state of land degradation that may prove to be more difficult to restore under the  
367 ongoing practices. The present meta-analysis clearly revealed that suitable conservation  
368 measures especially, the vegetative and biological practices greatly assist in reversing the  
369 land degradation process for both cropland and grasslands.

370 Most soil erosion control measures implemented on cultivated fields are physical  
371 structures. However, these physical structures were reported to be less acceptable due to high  
372 cost of their construction and maintenance. The Meta analysis clearly showed that grass  
373 barriers potentially reduce runoff and soil loss by up to 86.8% and 97.32 %, respectively. The  
374 relative yield gained of various crops through CGBs at different slopes varied between 44%  
375 and 53%. However, the effectiveness of grass barrier, as reported by several studies, is site-  
376 specific and depends mostly on slope gradient, runoff volume and flow rate, size and density  
377 of sediment particles, grass species, density, interval and width of grass strips, underlying soil  
378 properties, and rainfall intensity and duration. According to farmer's criteria based on  
379 comprehensive performance index, the study revealed that *Pennisetum purpureum* was most  
380 preferred grasses followed by *Saccharum munja* and *Dicanthium annulatum*. Considering the  
381 CPI values it is apparent that *Saccharum munja* (Sambuta) and *Thysanolaena maxima* (hill  
382 broom) are two important bio-remediation options for reclamation of shifting cultivation of  
383 north eastern hill region and eastern Ghat of India.

384 The present analysis also indicated that grass must be used as vegetative strip to  
385 maintain soil quality in sloppy arable areas (8.5 m ha) of Indian hilly regions. Special  
386 emphasis on establishing grasses should be given to about 3 m ha degraded pasture lands and  
387 3.5 m ha shifting cultivation areas in India to reverse the land degradation. Overall, we





388 conclude that the use of grass barriers alone or in combination with structural measures and  
389 grassland management were effective and efficient for decreasing soil and water loss on  
390 sloppy croplands in tropical and sub-tropical regions of India. Thus, these practices should  
391 be intensively recommended and used widely in similar climatic regions. Similarly, the  
392 reduction in grazing intensity needs to be advocated for about 12 m ha of permanent pasture  
393 lands.

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727 **Table 1a.** Details of the experiments and sources of data used in the study

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Vegetative barrier	With contour Grass barrier			Without Control Grass barrier		Soil type and climate	Source
	Name of grass	Soil Loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)	Soil Loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)		
<i>Dichanthium annulatum</i>	1.0	-	16.68	-		Red soil (Rhodustalfs), Hot sub-humid	Lal et al., 2004
	4.2	33	10.8	48			
<i>(Tripsacum laxum)</i>	0.1	7.7	6.35	64.8		Inceptisols, semi arid Red, hot sub-humid Red( laterite), Warm sub humid	Rao & Pande , 2014 Sharma, 1999 Madhu et al. 2004
	-	19	19	29			
<i>Panicum maximum</i>	2.47	20.7	8.1	40.9		Alluvial, subtropical	Sharda et al., 2002 Ojasvi et al., 2000
	5.62	34.3	20.6	48.3			
Natural	7.54	28.6	30.9	37.9		Alluvial, subtropical	Ojasvi et al., 2000 Khola, 2000
	7.93	17.04	15.26	22.79			
	2.17	35.08	5.08	54.5		Laterite, Hot-sub-humid	Yadav et al., 2000 Rao et al., 1998
	0.5	22.7	1.05	49.6			
	1.37	39.9	2.16	54.8		Laterite, Hot-sub-humid	Rao et al., 1998 Rao et al., 1998
	1.02	44.1	1.72	59.1			
	0.59	5.87	3.12	12.08		Laterite, Hot-sub-humid	Kale et al., 1993 Kale et al., 1993
	0.76	10.2	4.4	16.95			
	1.36	13.36	4.84	20.1		Laterite, Hot-sub-humid	Kale et al., 1993
<i>Cenchrus ciliaris</i>	0.6	16.25	7.05	46		Black (Inceptisol) Hot-semiarid	Nalatwadmath & Rao., 2000
	0.81	21.9	1.39	29.5			
	0.5	6.6	16.08	68.7		Red, hot sub-humid	Katiyar et al., 2007 Sharma, 1999
<i>Vetiveria zizanioides</i>	9.02	19.17	15.26	22.79		Alluvial, Subtropical	Khola, 2000 Katiyar et al., 2007
	0.29	7.29	0.53	11.26			
	1.29	25.4	6.35	64.8		Red, hot sub-humid	Sharma, 1999 Sharma & Bhatt, 1996
	0.5	8.6	0.7	20.7			
<i>Thysanolaena maxima</i> (Broom)	15.7	14.2	19	17		Red laterite (Alfisol) Hot sub-humid	Sahoo & Adhikari, 2014 Sahoo & Adhikari, 2014
	18.7	17.3	23.9	23.5			
<i>Heteropogon hamata</i>	0.59	20.8	1.39	29.5		Red laterite (Alfisoil) Hot sub-humid	Katiyar et al., 2007
Grassland management							
Grass	Grass improvement			Traditional Grass		Soil type and climate	Source
	Species	Soil loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)	Soil Loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)		
<i>Cynodon dactylon</i>	0.06	35	3.28	54		Red, hot sub-humid	Hazra & Singh, 1987
<i>Cenchrus</i>	0.13	33	3.28	28.12		Red, hot sub-humid	Hazra & Singh, 1987



<i>ciliaris</i>	2.14	16.8	3.33		Black, hot semi arid	Ilango et al., 2002
<i>Panicum antidotale</i>	0.43	36	3.28	54	Red, hot sub-humid	Hazra & Singh. 1987
<i>Pennisetum polystachyon</i>	0.07	27	3.28	54	Red, hot sub-humid	Hazra & Singh., 1987
<i>Urochloa stolonifera</i>	0.08	32	3.28	54	Red, hot sub-humid	Hazra & Singh., 1987
<i>Cymbopogon martini</i>	1.08	11.32	3.33	28.12	Black, hot semi arid	Ilango et al., 2002
<i>Dicanthium annulatum</i>	1.98	12.56	3.33	28.12	Black, hot semi arid	Ilango et al., 2002
<i>Vetiver zizanioides</i>	2.61	18.4	3.33	28.12	Black, hot semi arid	Ilango et al., 2002

Grazing	Open Grazing		Grazing Management		Soil type and climate	Source
Treatment	Soil loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)	Soil Loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)		
	2.35	27	0.85	19	Red, hot sub-humid	Hazra & Singh, 1986
	3.28	22	0.58	11	Red, hot sub-humid	Hazra & Singh, 1986
	-	24	-	13.9	Alluvial, Hot sub	Bhatt, 2013
	-	11.3	-	6.6	humid	Bhatt, 2013
	1.52	21.6	1.52	10.2	Alluvial, Hot sub	Rao & Reddy, 1996
	3.26	29.34	0.84	15.35	humid	Rao & Reddy, 1996
		20.40	1.18	9.6	Black, Hot semi arid	Khola, 2004
		33.40		19.2	Black, Hot semi arid	Khola, 2004
		29.90		22.2	Black, Hot semi arid	Khola, 2004

## Combination

	With Grass (SWC)		Without Grass (SWC)		Soil type and climate	Source
	Soil Loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)	Soil Loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Runoff (%)		
Trenching + Vegetative barrier	-	3.4	-	27.6	Black, Hot semi- arid	Khola, 2004
	-	10.5	-	48.5	Black, Hot semi- arid	Khola, 2004
	-	7.6	-	45.5		Khola, 2004
	0.84	10.2	1.53	21.6	Alluvial, Hot sub	Rao & Reddy, 1996
	1.18	15.5	3.26	29.3	humid	Rao & Reddy, 1996
	0.93	8.7	1.55	17.6	Vertisol , Hot semi-	Ali et al., 2014
	0.66	4.1	1.55	17.6	arid	Ali et al., 2014
	0.05	0.4	1.55	17.6		Ali et al., 2014
	6.4	10.8	19	17	Red laterite, hot sub	Sahoo & Adhikari, 2014
	14	12.7	23.9	17	humid	Sahoo & Adhikari, 2014
	9.9	13.4	19	23.5		Sahoo & Adhikari, 2014
	11	15.3	23.9	23.5	Red laterite, hot sub	Sahoo & Adhikari, 2014
					humid	

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732 **Table 1b.** Details of the experiments and sources of data used to assess relative merits of different  
 733 contour grass barriers (CGBs)  
 734

<2% slope						
Contour grass barriers	Soil Loss (t ha <sup>-1</sup> )	Runoff (%)	Yield (Kg ha <sup>-1</sup> )	Crop	Soil type and climate	Source
<i>Cynodon dactylon</i>	3.01	18	1036	Rice	Red Laterite, Hot sub-humid	Subudhi and Senapati. 1996
	5.51	16.83	1748	Rice		Subudhi et al. 1998
	4.73	15.59	1759	Rice	Red Laterite, hot sub-humid	Subudhi et al. 1998
	4.81	15.67	1519	Rice		Subudhi et al. 1998
<i>Pennisetum perpureum</i>	2.68	17.4	1669	Rice	Red Laterite, Hot sub-humid	Subudhi and Senapati. 1996
	3.05	18.1	1562	Rice		Subudhi and Senapati. 1996
	4.4	15.32	1828	Rice	Red Laterite, Hot sub-humid	Subudhi et al. 1998
	4.42	15.01	1925	Rice		Subudhi et al. 1998
	4.41	15.17	1877	rice		Subudhi et al. 1998
<i>Vetiveria zizanioides</i>	2.22	16.6	2133	Rice	Red Laterite, Hot sub-humid	Subudhi and Senapati. 1996
	4.23	14.83	2042	Rice		Subudhi et al. 1998
	4.02	14.05	1976	Rice	Red Laterite, Hot sub-humid	Subudhi et al. 1998
	3.96	13.88	2214	Rice		Subudhi et al. 1998
	7.1	34.63	2000	Maize	Red Laterite, Hot sub-humid	Senapati and Sharma. 2007
	6.89	31.59	2022	Maize		Senapati and Sharma. 2007
	6.48	28.31	2053	Maize		Senapati and Sharma. 2007
	1.14	16.2	1377	Sorghum	Red Laterite, Hot sub-humid	Prasad et al. 2005
	0.73	13.6	699	Sorghum		Prasad et al. 2005
<i>Eulaliopsis binnata</i>	2.37	17.5	1436	Rice	Red Laterite, Hot sub-humid	Subudhi and Senapati. 1996
	4.82	15.87	1933	Rice		Subudhi et al. 1998
	5.5	16.32	1812	Rice		Subudhi et al. 1998
	5.54	16.2	1769	rice		Subudhi et al. 1998
<i>Cymbopogon martinii</i>	2.57	17.7	1911	rice	Red Laterite, Hot sub-humid	Subudhi and Senapati. 1996
<i>Dicanthium annulatum</i>	1.05	15.5	1364	Sorghum	Black soil, hot-semiarid	Prasad et al. 2005
	0.69	13.7	697	Sorghum		Prasad et al. 2005
	0.18	7.1	808	Sunflower		Bhanavase et al. 2007
	0.85	40	-		Inceptisol, Black sub-humid	Bhanavase et al. 2007
	0.26	12.2	-			Bhanavase et al. 2007
	0.3	12.5	-			Bhanavase et al. 2007
	0.52	28.14	-			Bhanavase et al. 2007
<i>Cenchrus ciliaris</i>	0.14	6.5	867	Sunflower	Inceptisol, Black sub-humid	Bhanavase et al. 2007
	0.74	34.8	-			Bhanavase et al. 2007
	0.21	11.6	-		Inceptisol, Black sub-humid	Bhanavase et al. 2007
	0.22	11	-			Bhanavase et al. 2007
	0.46	24.12	-			Bhanavase et al. 2007
	1.01	15.8		Sorghum	Black soil, hot semi-arid	Prasad et al. 2005
	0.77	13.9	1359	Sorghum		Prasad et al. 2005
			697			



<i>Saccharum munja</i>	0.86	16.3	1355	Sorghum	Black soil, hot semi-arid	Prasad et al. 2005
	0.7	13.4	674	sorghum		Prasad et al. 2005
<i>Stylosanthes hemata</i>	8.92	33.52	1789	Maize	Red laterite, Hot sub-humid	Senapati and Sharma. 2007
	8.21	33.21	1766	Maize		Senapati and Sharma. 2007
	8.13	34.41	1733	Maize		Senapati and Sharma. 2007
	5.81	16.87	1777	Rice		Subudhi et al. 1998
	5.85	16.92	1775	Rice	Red laterite, Hot sub-humid	Subudhi et al. 1998
	5.61	16.63	1803	Rice		Subudhi et al. 1998
	2.8	18.2	1280	rice		Sbudhi and Senapati. 1996
<i>Pennisetum pedicellatum</i>	8.01	34.01	2011	Maize	Red laterite, Hot sub-humid	Senapati and Sharma. 2007
	7.01	30.98	1990	Maize		Senapati and Sharma. 2007
	6.97	31.64	1969	Maize		Senapati and Sharma. 2007
Cultivated fallow	7.87	23.5		rice	Red laterite, Hot sub-humid	Sbudhi and Senapati. 1996
Control	3.47	21.4	1236	Rice	Red laterite, Hot sub-humid	Sbudhi and Senapati. 1996
	10.39	19.94	1332	Rice		Subudhi et al. 1998
	7.54	19.02	1330	Rice	Red laterite, Hot sub-humid	Subudhi et al. 1998
	7.24	19.18	1508	Rice		Subudhi et al. 1998
	8.45	40.18	1720	Maize		Senapati and Sharma. 2007
	9.22	42.32	1790	Maize	Red laterite, Hot sub-humid	Senapati and Sharma. 2007
	9.02	42.6	1717	Maize		Senapati and Sharma. 2007
	1.89	22	1140	Sorghum	Black Soil, hot sub-humid	Prasad et al. 2005
	1.45	20.2	562	Sorghum		Prasad et al. 2005
	0.22	10.12	618	Sunflower	Inceptisol, Black sub-humid	Bhanavase et al. 2007
	1.15	53	-			Bhanavase et al. 2007
	0.4	15.2	-		Inceptisol, Black sub-humid	Bhanavase et al. 2007
	0.5	16.2	-			Bhanavase et al. 2007
	0.8	40.2	-			Bhanavase et al. 2007
2-4% slope						
<i>Vetiveria zizanoides</i>	2.54	16.27	1075	Blackgram	Red laterite, Hot sub-humid	Mishra and Sahu. 2001
	1.78	18.45	803	Blackgram		Mishra and Sahu. 2001
	3.5	27.4	5.9	Sorghum	Alluvial Soil, sub-humid	Chand and Bhan. 2000
	7.2	33	1900	Maize	Alluvial, Sub-tropical	Bhardwaj and Sindhwal. 2007
	9.8	43	2389	Maize		Bhardwaj and Sindhwal. 2007
	8.6	42	2063	Maize	Alluvial, Sub-tropical	Bhardwaj and Sindhwal. 2007
	6.9	40	2042	Maize		Bhardwaj and Sindhwal. 2007
	2.9	22	3124	Maize	Alluvial, Sub-tropical	Bhardwaj and Sindhwal. 2007
	5	30	3144	Maize		Bhardwaj and Sindhwal. 2007
	5.5	27	2278	Maize	Alluvial, Sub-tropical	Bhardwaj and Sindhwal. 2007
	6.72	35.1	2444	Maize		Bhardwaj and Sindhwal. 2007
						Bhardwaj and Sindhwal. 2007
						Bhardwaj and Sindhwal. 2007
						Bhardwaj and Sindhwal. 2007
						Bhardwaj and Sindhwal. 2007
<i>Pennisetum perpureum</i>	3.08	16.5	1002	Blackgram	Red laterite, Hot sub-humid	Mishra and Sahu. 2001
	2.96	18.88	624	Blackgram		Mishra and Sahu. 2001



<i>Eulaliopsis binata</i>	3.15	18.24	836	Blackgram	Red laterite, Hot	Mishra and Sahu. 2001
	2.75	20.51	618	Blackgram	sub-humid	Mishra and Sahu. 2001
	7.9	34	1869	Maize	Alluvial, Sub-	Bhardwaj and Sindhwai.
	10.6	46	2333	Maize	tropical	2007
	12.4	49	1833	Maize	Alluvial, Sub-	Bhardwaj and Sindhwai.
	8.3	42	1961	Maize	tropical	2007
	3.6	25	2941	Maize	Alluvial, Sub-	Bhardwaj and Sindhwai.
	7.3	31	2839	Maize	tropical	2007
	7.3	32	2028	Maize	Alluvial, Sub-	Bhardwaj and Sindhwai.
8.34	37.9	2296	Maize	tropical	2007	
<i>Heteropogon contortus</i>	0.08	5.5	523	Sorghum	Red soil, hot sub-	Narayan et al. 2014
	0.6	15.9	-		humid	Narayan et al. 2014
	0.2	4.1	-			Narayan et al. 2014
<i>Cenchrus ciliaris</i>	0.9	8.37	509	Sorghum	Red soil, hot sub-	Narayan et al. 2014
	0.82	19.4	-		humid Red soil, hot	Narayan et al. 2014
	0.3	6.84	-		sub- humid	Narayan et al. 2014
	4	30.2	7.2	Sorghum	Alluvial Soil, sub-	Chand and Bhan. 2000
<i>Panicum antidotale</i>	6.12	33.3	2460	Maize	Alluvial, Sub-	Bhardwaj and Sindhwai.
	5.8	29	1911	Maize	tropical	2007
	8.1	41	2528	Maize		Bhardwaj and Sindhwai.
	7.6	38	2073	Maize	Alluvial, Sub-	2007
	6.2	39	2059	Maize	tropical	Bhardwaj and Sindhwai.
	2.9	23	3109	Maize		2007
	6.1	31	3089	Maize		Bhardwaj and Sindhwai.
	6.8	28	2138	Maize		2007
<i>Saccharum munja</i>	3.87	18.93	963	Blackgram	Red laterite, Hot	Mishra and Sahu. 2001
	3.07	21.04	603	Blackgram	sub-humid	Mishra and Sahu. 2001
Control	3.42	17.35	965	Blackgram	Red laterite, Hot	Mishra and Sahu. 2001
	3.27	20.75	603	Blackgram	sub-humid	Mishra and Sahu. 2001
	7.5	46.5	5.3	Sorghum	Alluvial Soil, sub-	Chand and Bhan. 2000
	46.28	18.04	-	Maize	humid	Bhardwaj and Sindhwai.
	0.41	19.8	480	Sorghum	Alluvial, Sub-	2007
	1.4	29.7	-		tropical	Narayan et al. 2014
1	13.7	-		Red soil, hot sub-		



humid						
>4% slope						
<i>Thysanolaena maxima</i>	6.92	13.85	891	Finger millet	Red laterite, Hot sub-humid	Sudhishri et al. 2008
	7.16	14.06	1045			
<i>Vetiver zizanioides</i>	4.22	8.79	1092	Finger millet	Red laterite, Hot sub-humid	Sudhishri et al. 2008
	3.85	7.85	1226			
	4.06	9.88	1346			
	9.87	40.52	2180			
<i>Saccharum munja</i>	4.49	9.36	1045	Finger millet	Red laterite, Hot sub-humid	Sudhishri et al. 2008
	4.02	8.25	1226			
	4.65	10.83	1427			
<i>Cynodon dactylon</i>	2.1	27.1	4355		Alluvial (Entisols) sub humid tropical	Narain et al. 1994
<i>Dicanthium annulatum</i>	1.02	21.2	6805		Alluvial (Entisols) sub humid tropical	Narain et al. 1994
	0.23	1.9				
<i>Eulaliopsis binnata</i>	0.29	5.2	16290		Alluvial (Entisols) sub humid tropical	Narain et al. 1994
<i>Chrysopogon fulvus</i>	0.3	2.5	19170		Alluvial (Entisols) sub humid tropical	Narain et al. 1994
Control	83.04	32.6	-		Alluvial (Entisols) sub humid tropical	Narain et al. 1994
	18.45	16.2	-		Alluvial (Entisols) sub humid tropical	Narain et al. 1994
	92.42	71.1	-		Alluvial (Entisols) sub humid tropical	Narain et al. 1994
	13.9	26.02	607	Finger millet	Red laterite, Hot sub-humid	Sudhishri et al. 2008
	13.7	24.84	676			Sudhishri et al. 2008
	14.28	26.78	682			Sudhishri et al. 2008

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743 **Table 2.** Various attributes and normalized scores used for calculating CPI for different vegetative barriers

	Vetiver	Hy. Napier	Panicum	Dicanthium	Broom	Cymbopogon	congossignal	Eulaliopsis	Saccharum munja Sambuta
IR (cm ha <sup>-1</sup> )	7.5-11.6	11.08-13.26	7.68-8.21	7.12-8.02	14.42	20.06	7.7-8.6	12.7	
Score	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Soil Loss (t ha <sup>-1</sup> )	1.0-9.8	2.96-3.08	2.9-8.1	0.2-1.02	6.02-7.16	1-2.57	6.0-8.0	2.75-12.4	4.02-4.7
Score	0.5	0.8	0.5	1.0	0.5	1.0	0.5	0.8	0.8
Soil binding (ml mm <sup>-2</sup> )	206-248	577-803	82-127	127-331	153-178	80-150	75-110	613-956	230-395
Score	0.2	1.0	0.2	0.2	0.2	0.2	0.2	1.0	0.5
Sod forming Soil depth (cm)	60-90	40-60	80-105	50-60	60-95	80-100	30-50	30-40	35-50
Score	0.8	0.5	1.0	0.5	0.8	1.0	0.5	0.2	0.2
Fodder or commercial value	Average	excellent	Very good	Excellent	Average	Average	Good	Very good	Average
Score	0.2	1.0	0.5	1.0	0.2	0.2	0.5	0.5	0.2
Cost of establishment-nt (Rs)	3500-4500	4000-6000	3000-5000	3500-4500	4000-5000	4000-6000	2500-3500	3500-5000	3000-4501
Score	0.5	0.5	0.5	0.5	0.5	0.5	0.8	0.5	0.8

744 **Table 3.** Impact of grasses in arresting Soil loss and Runoff

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Treatment	Run off (%)	Soil loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Number of Samples (n)	
Vegetative barrier				746
Control (Without Grass)	11.26 – 62.40 (37.71 ± 18.12) <sup>a</sup>	0.53-30.90 (9.56±8.79) <sup>a</sup>	25	747
With Grass	5.87 – 44.10 (20.93 ± 10.76) <sup>b</sup>	0.5-18.7 (3.93±5.03) <sup>b</sup>	25	748
Conservation use efficiency (CUE)	44.56	59.04	25	749
Along with Structural Conservation measures				750
Control (Grazed)	17.0 – 48.5 (25.53 ± 10.88) <sup>a</sup>	1.53-3.26 (1.88±0.77) <sup>a</sup>	17	751
Combination	0.40 – 15.30 (9.37± 4.76) <sup>a</sup>	0.05-1.18 (0.73±0.42) <sup>a</sup>	17	752
Conservation use efficiency (CUE)	62.93	60.96	17	753
Grazing Management				754
Control (Grazed)	11.30 – 33.4 (24.33 ± 6.55) <sup>a</sup>	1.52-3.28 (2.58±0.73) <sup>a</sup>	12	755
Management	6.60 – 22.2 (14.12 ± 5.23) <sup>b</sup>	0.58-1.3 (0.95±0.29) <sup>b</sup>	12	756
Conservation use efficiency (CUE)	42.01	63.18	12	757
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772 Values in the parentheses are mean ± SD

773 Different letters in the same column are significantly different at P&lt;0.05

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782 **Table 4.** Site specific suitable grasses for Contour Vegetative Barriers

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S.No.	State	Crop	Barrier
1	Andhra Pradesh	Sorghum/castor	<i>Cenchrus ciliaris</i> ( Buffel grass)
2	Haryana	Urd Bajra and Wheat	Mixed barrier of <i>Vetiveria zizaniodes</i> (Vetiver) plus <i>Eulaliopsis binata</i> (Sabai grass)
3	Karnataka	Groundnut Finger millet Sorghum	<i>Vetiveria zizaniodes</i> (Vetiver) on contour Combination of graded bund and <i>Vetiveria zizaniodes</i> (Vetiver) Compartmental bunding with <i>Vetiveria zizaniodes</i> (Vetiver)
4	Madhya Pradesh	Soyabean	<i>Cymbopogon martini</i> (Lemon grass/ Palmarosa)
5	Maharashtra	Sorghum, Cotton	<i>Vetiveria zizaniodes</i> (Vetiver)
6	Orissa	Paddy Cowpea (green pond)	<i>Vetiveria zizaniodes</i> (Vetiver) , <i>Cynodon dactylon</i> (Bermuda grass)
7	Punjab	Maize	<i>Saccharum</i> sps.
8	Tamil Nadu	Potato	<i>Pennisetum purpureum</i> (Napier/Elephant grass)
9	Uttarakhand	Corn	<i>Panicum maximum</i> (Guinea/buffalo grass)

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799 **Table 5.** Relative merits of contour grass barrier (CGBs) in different land slopes

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Treatment	Run off (%)	Soil loss (Mg ha <sup>-1</sup> yr <sup>-1</sup> )	Yield	Number of Samples (n)
<b>&lt; 2 % slope</b>				
Control (Without Grass)	10.12 – 42.60 (27.10 ± 13.58) <sup>a</sup>	0.22 – 10.39 (5.03 ± 3.92) <sup>a</sup>	546 – 1717 (1179 ± 475.32) <sup>a</sup>	12
With Grass	13.88 – 16.92 (15.81 ± 1.06) <sup>b</sup>	3.82 – 5.85 (5.03 ± 0.69) <sup>a</sup>	1519 – 2214 (1843 ± 176.09) <sup>b</sup>	12
Relative reversibility	52.64 % (Δ RF)	Insignificant (Δ SL)	44 % (Δ Y)	
<b>2-4 % slope</b>				
Control (Without Grass)	13.20 – 71.10 (28.36 ± 15.36) <sup>a</sup>	0.41 – 92.42 (23.46 ± 32.54) <sup>a</sup>	345 – 965 (756 ± 341.17) <sup>a</sup>	12
With Grass	16.27 – 41.00 (24.65 ± 9.45) <sup>a</sup>	1.78 – 8.10 (4.24 ± 2.11) <sup>b</sup>	618 – 2528 (1257 ± 684.69) <sup>b</sup>	12
Relative reversibility	14.63 % (Δ RF)	141 % (Δ SL)	53 % (Δ Y)	
<b>&gt; 4 % slope</b>				
Control (Without Grass)	24.84 – 71.10 (36.27 ± 19.70) <sup>a</sup>	13.70 – 92.42 (43.47 ± 40.53) <sup>a</sup>	558-682 (638 ± 53.80) <sup>a</sup>	5
With Grass	7.85 – 14.06 (11.51 ± 3.39) <sup>b</sup>	3.85 – 7.16 (5.63 ± 1.52) <sup>b</sup>	891 – 1226 (1071 ± 121.13) <sup>b</sup>	5
Relative reversibility	55.54 % (Δ RF)	107 % (Δ SL)	50.64 % (Δ Y)	

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803 Relative reversibility of erosion/Water loss-

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$$\Delta \text{Erosion} / \Delta \text{Runoff} = \frac{\text{Erosion/ water loss without CGB} - \text{Erosion/ water loss with CGB}}{\text{Mean erosion/ water loss}} \times 100$$

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806 Relative yield gain -

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$$\Delta \text{Yield gain} = \frac{\text{Mean yield with CGB} - \text{Mean yield without CGB}}{\text{Mean yield}} \times 100$$

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812 **Table 6.** Comparative Comprehensive Performance Index of vegetative barrier

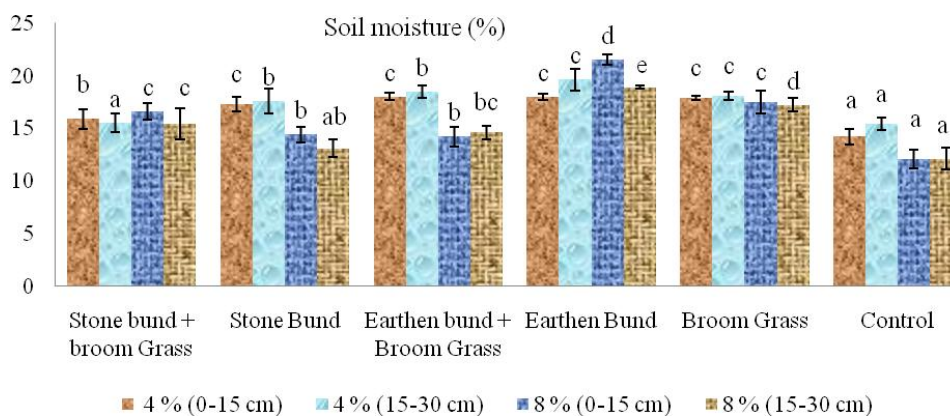
Wt.	Vetiver	Hy. Napier	Panicum	Dicanthium	Broom	Cymbopogon	Congosignal	Eulaliopsis	Sambuta
IR (0.2)	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Wt x score	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2
Soil loss (0.2)	0.5	0.8	0.5	1.0	0.5	1.0	0.5	0.8	0.8
Wt x score	0.10	0.16	0.10	0.2	0.1	0.2	0.1	0.16	0.16
Soil binding (0.1)	0.2	1.0	0.2	0.2	0.2	0.2	0.2	1.0	0.5
Wt x score	0.02	0.1	0.02	0.02	0.02	0.02	0.02	0.1	0.05
Sod forming (0.1)	0.8	0.5	1.0	0.5	0.8	1.0	0.5	0.2	0.2
Wt x score	0.08	0.05	0.1	0.05	0.08	0.1	0.05	0.02	0.02
Fodder value (0.2)	0.2	1.0	0.5	1.0	0.8	0.2	0.5	0.5	1.0
Wt x score	0.04	0.2	0.1	0.2	0.16	0.04	0.1	0.1	0.2
Cost established (0.2)	0.5	0.5	0.5	0.5	0.8	0.5	0.8	0.5	0.8
Wt x score	0.1	0.1	0.1	0.1	0.16	0.1	0.16	0.1	0.16
CPI= $\sum$ (Wt x score)	0.54	0.81	0.62	0.77	0.72	0.63	0.68	0.68	0.79

813 Values in the parentheses are weights assigned to the respective attributes



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817 **Figure 1.** Complimentary role of grasses in enhancing soil profile moisture at 4 % and 8 % slope. Values with different  
 818 letters are significantly different at 95% confidence level ( $p \leq 0.05$ ; ANOVA-DMRT).

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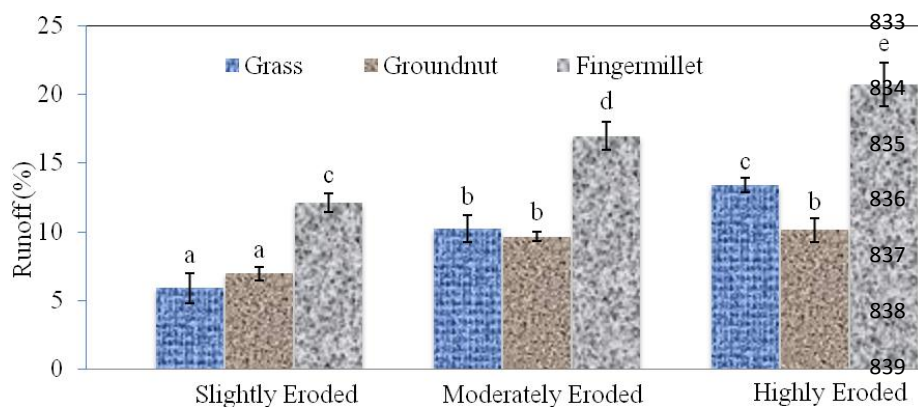
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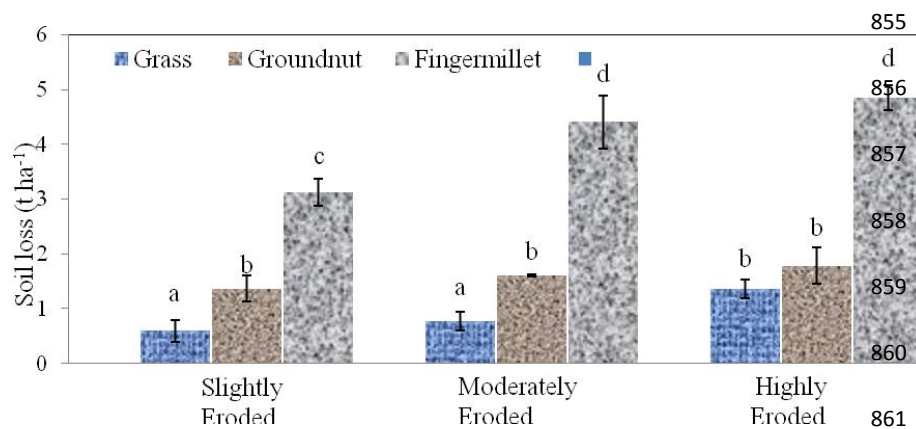
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**Figure 2.** Impact of grasses in reducing runoff in lateritic soil. Values with different letters are significantly different at 95% confidence level ( $p \leq 0.05$ ; ANOVA-DMRT).



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**Figure 3.** Impact of grasses in reducing soil loss in lateritic soil. Values with different letters are significantly different at 95% confidence level ( $p \leq 0.05$ ; ANOVA-DMRT).

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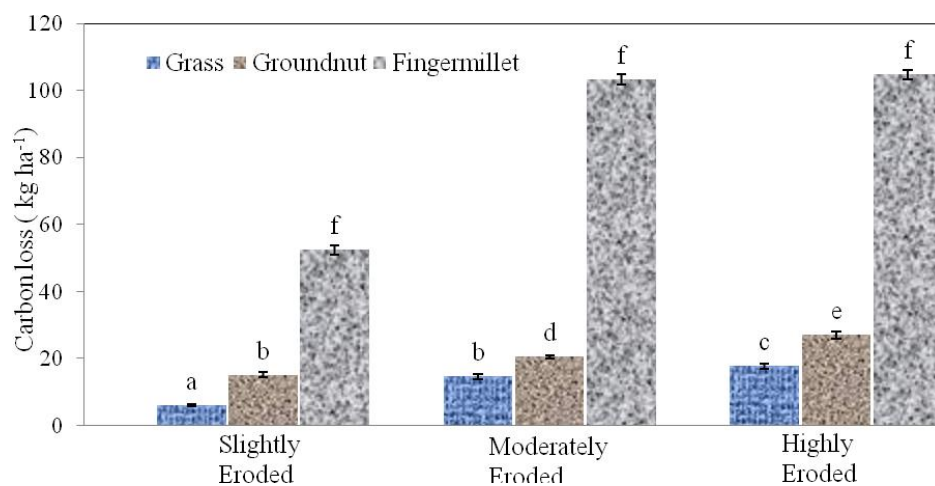
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**Figure 4.** Impact of grasses in reducing carbon loss in lateritic soil. Values with different letters are significantly different at 95% confidence level ( $p \leq 0.05$ ; ANOVA-DMRT).

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