

Supplementary Table 1: Representative EDS measurements for mineral chemistry of amphiboles and plagioclase from experiments performed at  $P_c = 1.0$  GPa on Maryland Diabase. Mineral chemistries are given as oxide wt%, calculated mineral formula, and mole-% of elements. “Newly grown” plagioclase denotes to fine-grained plagioclase grown in shear bands.

Amphibole					Plagioclase		
Sample nr:	414	414	490	490	norm to 100%	MD starting material	Newly grown
wt.-%	Tschermak.	Mg Hornbl	Mg Hornbl	Tschermak.	wt.-%		
SiO <sub>2</sub>	45.18	45.72	47.76	47.31	SiO <sub>2</sub>	51.86	50.38
Al <sub>2</sub> O <sub>3</sub>	17.13	14.13	13.06	17.73	Al <sub>2</sub> O <sub>3</sub>	29.92	29.69
CaO	9.24	8.92	9.45	10.02	CaO	13.39	9.66
Na <sub>2</sub> O	1.63	1.74	2.12	1.84	Na <sub>2</sub> O	3.63	9.13
K <sub>2</sub> O	1.26	0.86	0.89	0.90	K <sub>2</sub> O	0.26	0.55
MgO	7.56	9.95	11.24	7.39	MgO	0.00	0.00
TiO <sub>2</sub>	0.00	1.78	0.00	0.00	TiO <sub>2</sub>	0.00	0.00
FeO	15.99	14.90	13.48	12.81	FeO	0.94	0.58
MnO	0.00	0.00	0.00	0.00	MnO	0.00	0.00
Cr <sub>2</sub> O <sub>3</sub>	0.00	0.00	0.00	0.00	Cr <sub>2</sub> O <sub>3</sub>	0.00	0.00
<b>Total:</b>	<b>97.99</b>	<b>98.00</b>	<b>97.99</b>	<b>98.00</b>	<b>Total:</b>	<b>100.00</b>	<b>100.00</b>
Formula per 23 oxygen					Formula per 23 oxygen		
Si	6.59	6.76	6.89	6.77	Si	2.36	2.51
Ti	0.00	0.00	0.00	0.00	Ti	0.00	0.00
Al	2.95	2.46	2.22	2.99	Al	1.61	1.48
Fe <sup>3+</sup>	0.00	0.00	0.00	0.00	Fe <sup>3+</sup>	0.00	0.00
Cr	0.00	0.00	0.00	0.00	Cr	0.00	0.00
Mg	1.65	2.19	2.42	1.58	Mg	0.00	0.00
Ca	1.45	1.41	1.46	1.54	Ca	0.65	0.48
Mn	0.00	0.00	0.00	0.00	Mn	0.00	0.00
Fe <sup>2+</sup>	1.95	1.84	1.63	1.53	Fe <sup>2+</sup>	0.04	0.03
Na	0.46	0.50	0.59	0.51	Na	0.32	0.46
K	0.23	0.16	0.16	0.16	K	0.02	0.03
<b>Total</b>	<b>15.28</b>	<b>15.34</b>	<b>15.38</b>	<b>15.08</b>	<b>Total</b>	<b>5.00</b>	<b>4.99</b>
mol-%					mol-%		
Si	43.16	44.09	44.82	44.89	Si	47.31	50.38
Ti	0.00	0.00	0.00	0.00	Ti	0.00	0.00
Al	19.29	16.06	14.45	19.83	Al	32.17	29.69
Fe <sup>3+</sup>	0.00	0.00	0.00	0.00	Fe <sup>3+</sup>	0.00	0.00
Cr	0.00	0.00	0.00	0.00	Cr	0.00	0.00
Mg	10.77	14.30	15.73	10.45	Mg	0.00	0.00
Ca	9.46	9.22	9.50	10.19	Ca	13.09	9.66
Mn	0.00	0.00	0.00	0.00	Mn	0.00	0.00
Fe <sup>2+</sup>	12.77	12.02	10.58	10.17	Fe <sup>2+</sup>	0.72	0.58
Na	3.02	3.25	3.86	3.39	Na	6.42	9.13
K	1.54	1.06	1.07	1.09	K	0.30	0.55
<b>Total</b>	<b>100.00</b>	<b>100.00</b>	<b>100.00</b>	<b>100.00</b>	<b>Total</b>	<b>100.00</b>	<b>100.00</b>