Supplementary material: low-temperature thermochronology data and thermo-kinematic modeling

1 Data set:

We selected a dataset composed of 11 samples from BaimaXueshan massif and 6 samples from Kawagebo massif with AHe,
AFT and ZHe ages from Yang et al. (2016), Liu-Zeng et al. (2018) and Replumaz et al. (2020), with details shown in Table S1 below. All the samples are collected from granite or granitoid intrusion or massif. To note that the altitude for each samples is re-acquired from GoogleEarth by using their original GPS coordinates because of important approximation and inaccuracy of the given altitude in references. For fission tracks analyses on apatite, a minimum of 20 grains have been counted for Yang et al. (2016), 29 grains for Liu-Zeng et al. (2018) and 16 grains for Replumaz et al. (2020).

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Sample name	Longitude	Latitude	Elevation (m)	AHe age (Ma)	1σ error (Ma)	Weighted mean age (Ma)	AFT age (Ma±1σ)	ZHe age (Ma)	1σ error (Ma)	Weighted mean age (Ma)	Reference
BaimaXue	eshan										
DQ01-1	98.9616	28.3796	4944	19.1	0.9	18.9±1.0	56.6±2.8	72.9	1.0	93±23	Liu-Zeng et
DQ01-2				18.4	1.6			102.2	1.8		al., 2018
DQ01-3				19.0	0.7			104.4	1.9		
DQ03-1	98.9687	28.3727	4553	12.0	1.2	16.4±3.8	39.3±2.2	97.6	1.3	97±11	
DQ03-2				18.3	1.2			105.8	1.4		
DQ03-3				18.8	0.9			88.7	1.2		
DQ04-1	98.972	28.3829	4548	15.5	1.3	16.4±1.5		113.0	1.7	111±2	
DQ04-2				15.5	1.6			110.1	1.7		
DQ04-3				17.7	1.2			109.9	1.7		
DQ11-1	98.9263	28.3753	4228	12.1	0.4	8.75±0.3	43.8±2.6	97.8	1.5	93±13	
DQ11-2				8.8	0.1			81.7	1.3		
DQ11-3				8.7	0.3			100.2	1.6		
DQ13-1	98.9176	28.3762	3929	9.7	0.4	9.5±3.4	43.8±2.1	98.0	2.0	103.9±6.7	
DQ13-2				6.8	0.7			106.1	1.8		
DQ13-3				12.2	0.9			107.6	1.9		
DQ15-1	98.9091	28.3797	3641	8.9	0.4	8.6±1.0	39.4±2.1	90.5	1.6	85.1±7.3	
DQ15-2				9.1	0.3			79.4	1.4		
DQ15-3				7.8	0.1			85.8	1.5		
DQ17-1	98.9091	28.3797	3641	4.7	0.4	6.2±1.7	28.6±1.5	87.0	1.5	78.6±9.5	
DQ17-2				6.83	0.5			73.1	1.0		
DQ17-3				7.0	0.5			75.9	1.1		

LT18-1	98.9025	28.3482	2873				15.3±1.1				
LT18-2											
LT19-1	98.9051	28.3903	3024				21.0±1.2				
LT19-2											
MK01-1	98.9054	28.4128	2953	5.12	0.07	5.8±0.5		87.05	0.66	90.68±7.12	Yang et al.,
MK01-2				5.49	0.06			104.41	0.46		2016
MK01-3				5.69	0.06						
MK01-4				4.64	0.05			80.57	0.85		
MK01-5				6.76	0.07						
MK01-6				7.37	0.06						
MK08-1	98.9054	28.4128	2953	4.31	0.09	4.3±0.3	13.5±1.3	81.84	0.80	84.35±1.03	
MK08-2				4.87	0.06			83.62	0.68		
MK08-3				3.95	0.06			86.50	0.58		
MK08-4				4.26	0.05			85.43	0.34		
MK08-5				4.96	0.07						
MK08-6				3.28	0.05						
Kawagebo											
KW40-1	98.7660	28.2013	2911				6.1±2.5				Replumaz et
KW41-2	98.7776	28.2063	2701	3.2	0.3	2.7±0.8	5.6±1.0				al., 2020
KW41-4				3.1	0.3						
KW41-6				2.1	0.2						
KW42-1	98.7888	28.2022	2555	3.0	0.3	2.9±1.2	3.0±0.8				
KW42-2				2.8	0.3						
KW42-3				2.0	0.2						
KW42-4				3.8	0.3						
KW43-3	98.7776	28.2063	2701	1.2	0.11	1.5±0.4	3.2±1.2				
KW43-4				1.7	0.16						
KW43-5				1.59	0.14						
KW43-6				1.52	0.14						
KW52-1	98.8503	28.1982	2224	1.16	0.1	1.2±0.2					
KW52-2				1.09	0.1						
KW52-3				1.29	0.12						
KW52-4				1.1	0.1						
MK04-1	98.8592	28.2648	2066	1.65	0.04	1.3±0.3		8.17	0.05	7.65±0.53	Yang et al.,
MK04-2				1.01	0.02		1	7.12	0.07		2016

Table S1: Dataset of single-grain apatite (U-Th)/He, apatite fission track and zircon (U-Th)/He ages. For AHe and ZHe ages, the 1-sigma error has been defined using the standard deviation of the replicate analyses divided by n-1 where n represents the number of replicate. The weighted mean calculations were made using Isoplot/Ex_ver3 (Ludwig, 2003), weighted by age uncertainties of individual grains. For

15 AFT ages from Yang et al., (2016), ages are pooled ages and were calculated using the recommended ζ calibration approach (Hurford and Green, 1983). For AFT ages from Liu-Zeng et al., (2018), ages are pooled age if P(χ 2)>5% and are central age if P(χ 2) <5%. For AFT age from Replumaz et al., (2020), ages are reported as central ages with 1 σ uncertainty, as well as upper and lower 95% confidence intervals.

2 Thermo-kinematic modelling:

The thermo-kinematic modeling code Pecube (Braun et al., 2012) is based on a mixed Eulerian-Lagrangian approach and this finite-element model predicts the thermal structure of a crustal block and thermochronological cooling ages at the surface following an imposed kinematic and topographic histories. Pecube solves the 3D heat-transport equation during exhumation using an empirical mathematical model for fission-track annealing and analytical diffusion models for isotopebased thermochronometers (Braun et al., 2012).

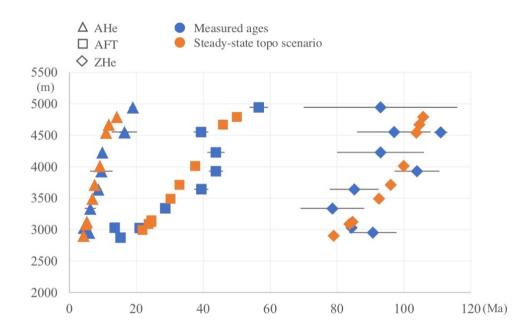
- The upper boundary condition of the crustal block is the topography given by a global 900m resolution DEM or a user defined topography modified from the present-day one (using amplification factors or offsets) or theorical one (constant elevation or sinusoidal etc...). Isostatic compensation is influential only in narrow river gorges and has been constrained to be less than 50 m in the SE Tibetan Plateau (Clark et al., 2006). Isostatic rebound is known to be negligible on the increase of the plateau elevation and is not taken into account in our models. The block bears a thickness of 50 km as defined for the Eastern Tibetan plateau (Yao et al., 2008), with a basal temperature at 900°C (Wang Yang, 2012) corresponding to a thermal
- 30 gradient of ~20°C/km. Thermal properties such as rock conductivity heat capacity density and heat production are spatially uniform and constant through time and are given by default values from Pecube code. A basic scenario is characterized by one or several exhumation phases and corresponding exhumation velocities for each phase, which are assumed to be spatially uniform but variable through time. Worthy note is that the implementation of a fault could spatially differentialize the velocity resulting in continuous motion of one part of the crustal block along the fault, the rest being tectonically
- 35 quiescent. The fault trace at the surface could be fixed with two points of given coordinates in an orthonormal reference frame and the number of fault segments at depth separated by inflection points, along with the maximum depth of the fault need to be fixed too.

A two-step neighbourhood algorithm inversion (Sambridge, 1999a, b) method is used to obtain the most suitable parameters. In the "sampling" stage, the model explores efficiently the multi-dimensional parameter space to derive optimal (best-fit) parameter values and corresponding smallest misfit through a comparison of measured and predicted thermochronological ages. In our study, an ensemble of 10,000 forward models, which is composed of 20 iterations of 500 models each, with subsequent iterations resampling the parameter space of the previous iteration, was performed. The resampling ratio from previous iteration is fixed to 90% to avoid convergence in local minima. No strict rules are applied to define the total number of forward models, but generally a more complex scenario with more parameters to invert needs more iterations and more

45 forward models. In the "appraisal" stage, the model ensemble generated form the first stage is resampled statistically to gain Bayesian estimates of the precision with which the different parameters are resolved. This phase yields a 1D and 2D marginal posterior probability-density function (pdf) of the parameter values, from which a "most likely" value and its standard deviation can be inferred (Braun et al., 2012).

3 Results:

- 50 For BaimaXueshan massif, we modelled some complex scenarios with three or four exhumation phases and specified transition times, in order to confirm if a rapid exhumation phase around 40 Ma, as speculated by Liu-Zeng et al. (2018). The best-fitting of these models turns to be a four-phase scenario (Table 2, Fig. S1), with a relatively low misfit (3.13), and it shows quite well constrained parameters from pdf's (Fig. S2). However, this model is composed of protracted slow exhumation preceding an acceleration in the last few Myr, which is almost equivalent to the two-phase exhumation scenario.
- 55 And no rapid exhumation phase around 40 Ma has been resolved. Its age-elevation profile resemble to that of two-phase exhumation scenario too (see in article).



60 Figure S1: Pecube modelling result for the BaimaXueshan massif, showing an age-elevation profile of measured (solid blue symbols; triangles, squares and diamonds corresponding to AHe, AFT and ZHe ages respectively) and predicted (solid orange symbols) ages for a steady-state topography scenario of four exhumation phases.

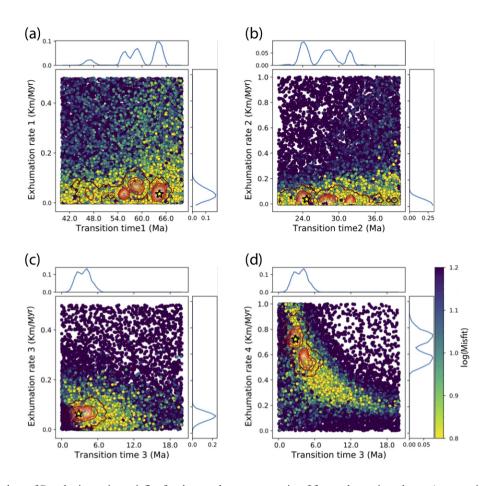


Figure S2: Scatterplots of Pecube inversion misfits for the steady-state scenario of four exhumation phases (orange signs in Figure S1) for
the BaimaXueshan massif. Coloured dots represent individual forward-model runs plotted in 2-dimensional projections of the parameter space, with colours corresponding to misfit values, shown on a log scale. Posterior probability density functions for parameter values are plotted along the axes. The best-fit solution is represented by a yellow star with 2σ (dark red) and 1σ (light red) confidence contours. (a) Transition time 1 (between first and second exhumation phase) versus exhumation rate during the first phase. (b) Transition time 2 versus exhumation rate during the second phase. (c) Transition time 3 versus exhumation rate during the third phase. (d) Transition time 3 versus
exhumation rate during the fourth phase.

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